



# End-Use Quality of Wheat and Functional Properties of Whole Grain Wheat

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# **End-Use Quality of Wheat for Asian Markets**

# Wheat Grown in PNW

- Production (~342 million Bushels)
  - ✓ Soft white - 80%
  - ✓ HW, HRW & HRS - 20%
- Markets
  - ✓ Export - 85%
  - ✓ Domestic - 15%

# Major Uses of Wheat in Asian Countries

- White salted/alkaline noodles
- Instant fried noodles



# Noodle Color vs. Polyphenol Oxidase (PPO)



	Brightness of Noodles		
	Udon	Cantonese	Instant
PPO Activity	-0.82**	-0.83***	-0.88***

# Influence of Starch Amylose Content on Texture of White Salted Noodles

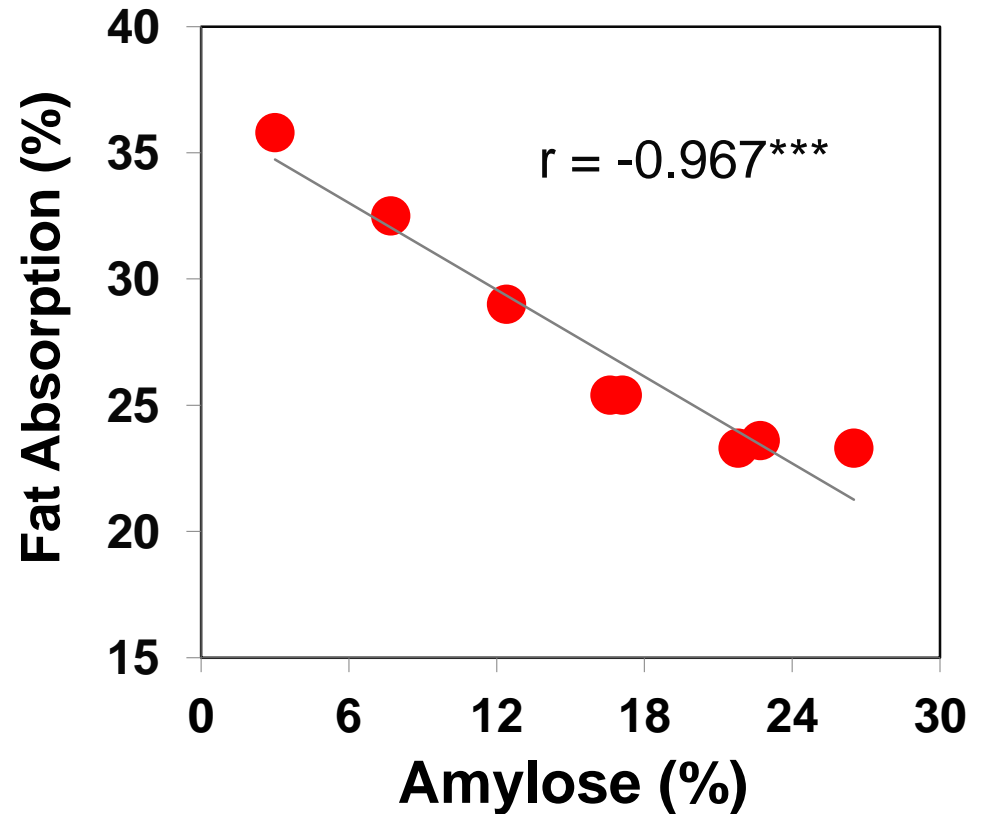
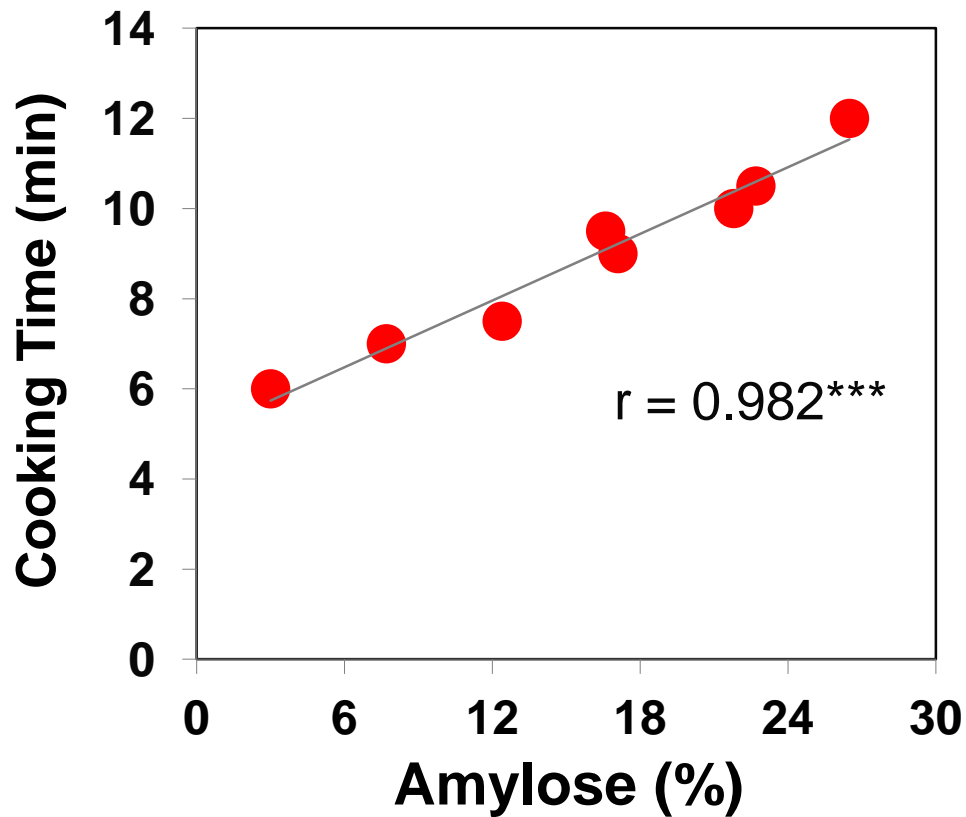
Amylose (%)	Hardness (N)	Cohesiveness (ratio)
24.3	8.65	0.561
21.4	5.52	0.629
20.4	4.63	0.650
19.4	4.44	0.650

# Cooking Time and Fat Absorption of Noodles





# Amylose Content vs. Cooking Time and Fat Absorption of Instant Noodles



# Protein Quality of Wheat Suitable for Making White Salted Noodles

Wheat Flour	SDS Sed. Volume (ml)	Mixograph Mixing Time (sec)	Salt-Soluble Protein (%)	HMW-GS Score
Soft Wheat	22.0~44.5	48~95	15~19	4~8
Hard Wheat	31.5~46.0	145~330	11~16	9~10
Com. Noodle Flour	38.5~40.0	200~225	13~14	8~9

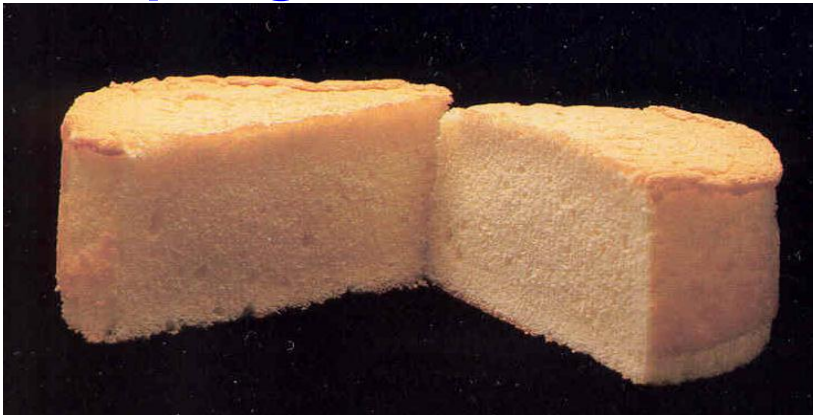
# Baking Tests for Soft White & Club Wheat

## Sugar-snap Cookie



- Simple, reliable & high throughput test for general soft white quality

## Sponge Cake

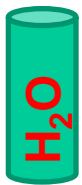
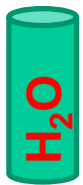


- Standard end-use quality test of SW and club wheat for Asian markets

# Conventional Sponge Cake Baking Test Procedure



+



# Modified Procedure of Sponge Cake Baking Test



**Egg Whipping**

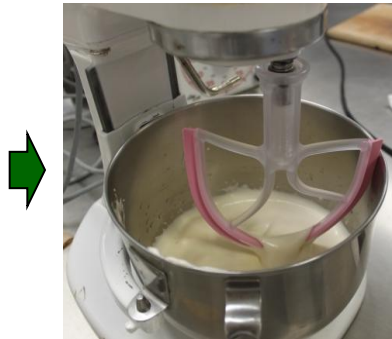
**Batter Mixing**

**Panning & Baking**

# Replacement of Fresh Eggs by Dry Powdered or Frozen Eggs



**Egg Whipping**



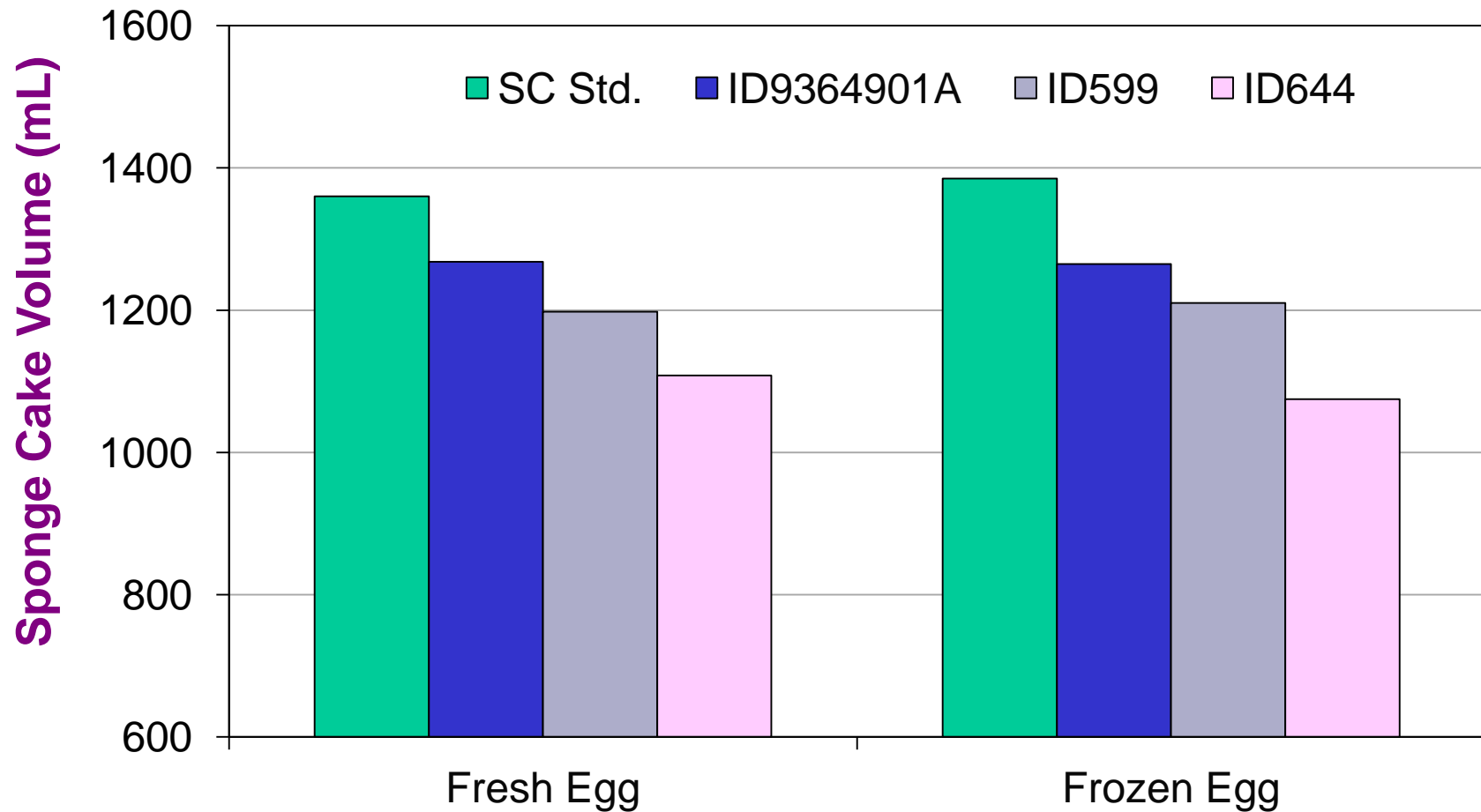
**Batter Mixing**



**Panning & Baking**



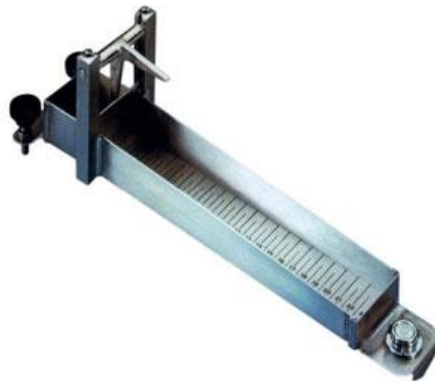
# Use of Frozen Egg in Replacement of Fresh Eggs



# Non-Baking Test: Batter Viscosity



- Flour-eggs-sugar-water (1:1:1:0.4)
- Flour-sugar-water (1:1:1)
- Flour-water (1:1.4)



**Bostwick  
Flow Distance**



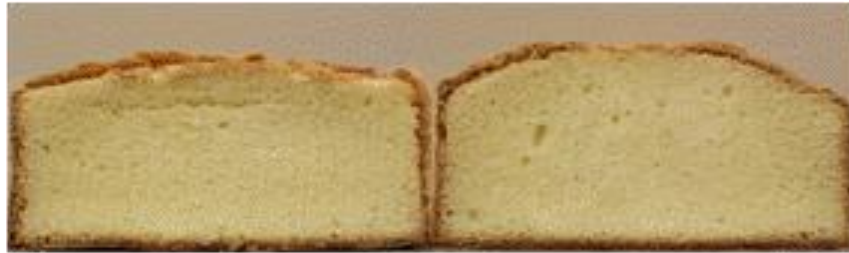
**Brookfield  
Viscosity**



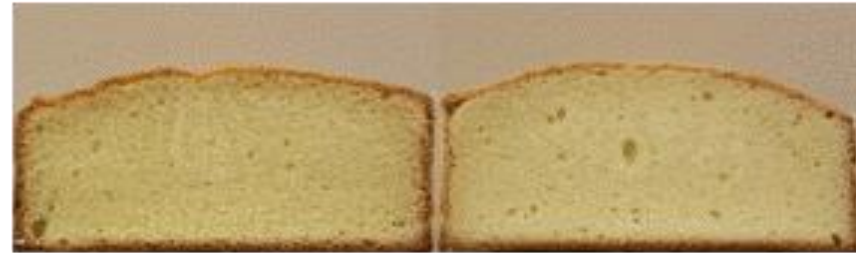
# Bostwick Flow Distance and Brookfield Viscosity of Batters vs. Sponge Cake Volume

Batter Type	Bostwick Flow Distance	Brookfield Viscosity
Flour-Eggs-Sugar-Water	0.734**	-0.723**
Flour-Sugar-Water	0.731**	-0.653*
Flour-Water	0.778**	-0.613*

# SC of Wheat Flour Before and After Re-grinding



Before                      After  
SC std flour



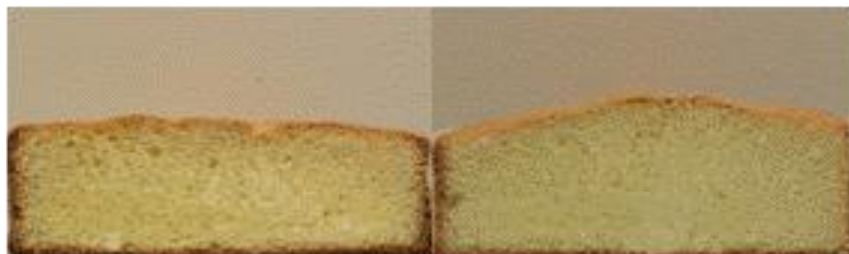
Before                      After  
Eltan



Before                      After  
Orcf102



Before                      After  
Cara



Before                      After  
Darwin



Before                      After  
Silver

# SC of Flour Fractions of Different Particle Size



> 88 μm

55-88 μm

< 55 μm

SC std flour



> 88 μm

55-88 μm

< 55 μm

Eltan



> 88 μm

55-88 μm

< 55 μm

Orcf102



> 88 μm

55-88 μm

< 55 μm

Cara



> 88 μm

55-88 μm

< 55 μm

Darwin



> 88 μm

55-88 μm

< 55 μm

Silver

# Correlations Between Characteristics of Wheat and Sponge Cake (SC) volume (N = 79)

Characteristics	SC Volume (mL)
SKCS Hardness	<b>-0.622***</b>
Break Flour Yield (%)	<b>0.648***</b>
Particles $\geq 63 \mu\text{m}$ (%)	<b>-0.737***</b>
Protein (%)	-0.408***
SDSS Volume (mL)	-0.209
Carbonate SRC (%)	-0.214
Sucrose SRC (%)	-0.388***

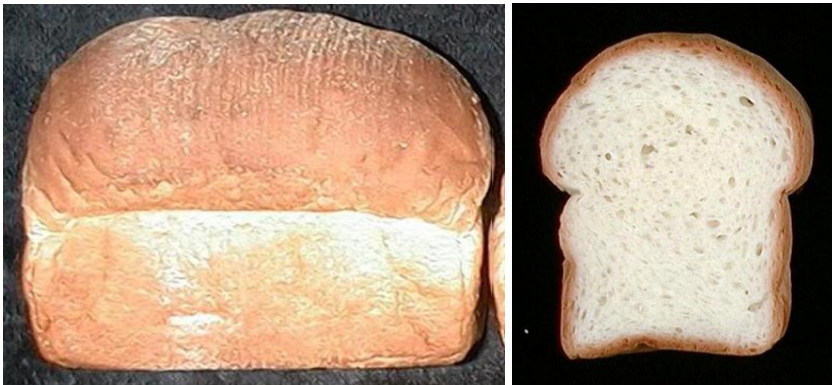
\*\* , \*\*\* = significant at  $P < 0.01$  and  $P < 0.001$ , respectively.

# Whole Grains over Refined

- ❑ More fiber, minerals, vitamins, phytochemicals
- ❑ Low calorie density
- ❑ Low glycemic index

# Sensory Quality and Acceptance of Whole Grain Wheat Foods

- ❑ Appearance: color, size, crumb structure
- ❑ Flavor & taste
- ❑ Mouth-feel & texture



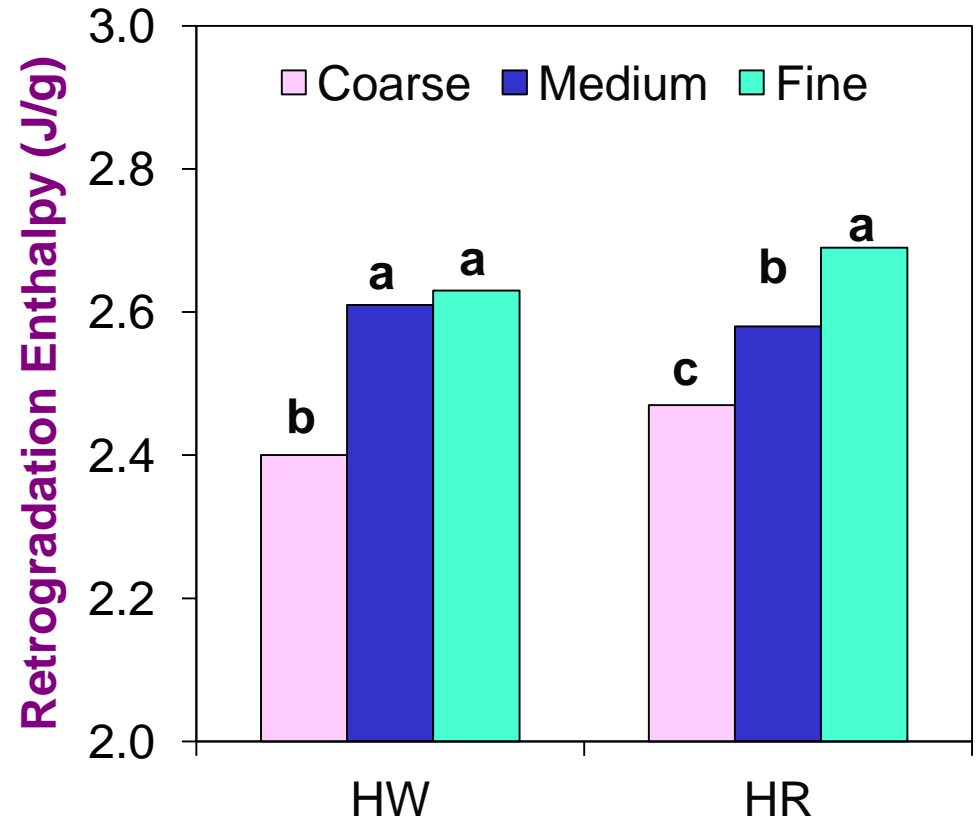
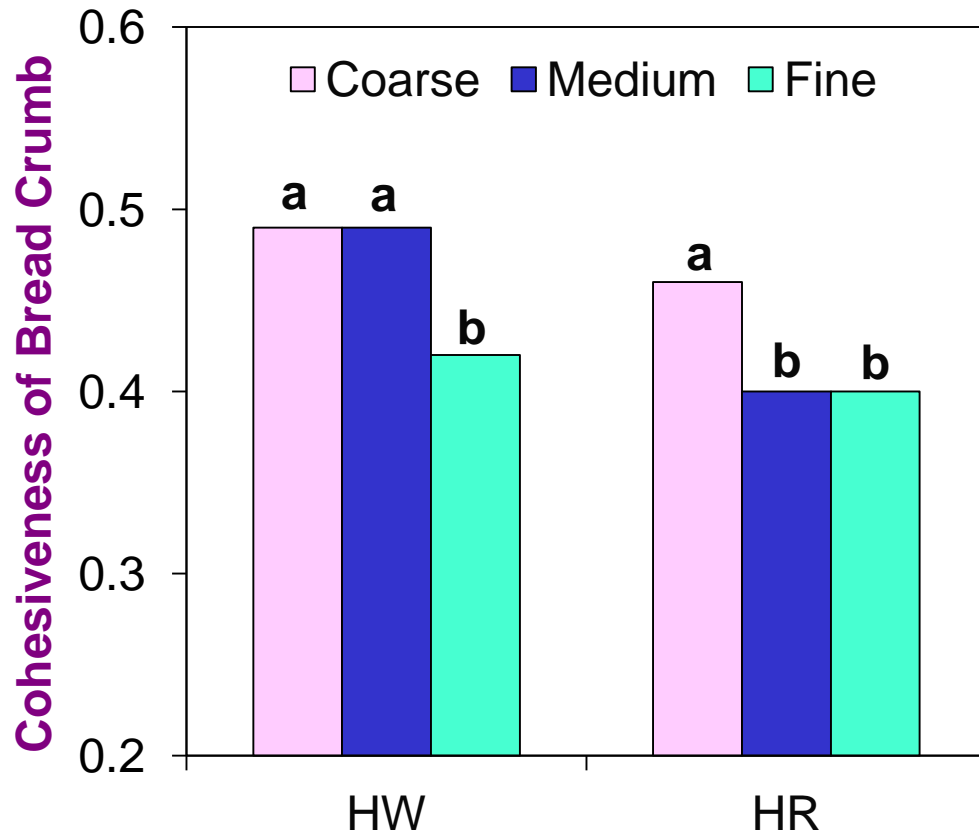
vs.



# Whole Grain Wheat Research

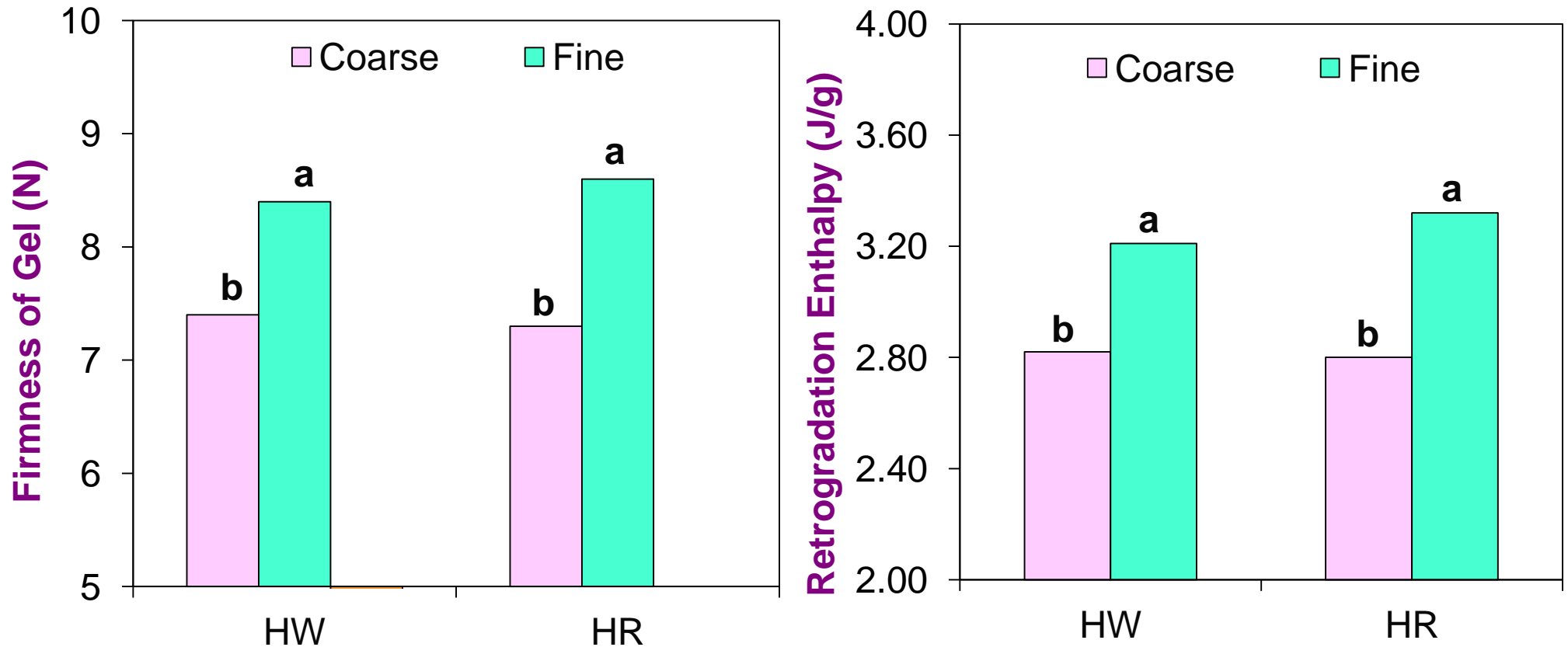
- Organic & no-till cropping systems on functional and nutritional quality of wheat
- Processing and product quality of whole grain wheat
  - Bran particle size reduction
  - Inherent bran characteristics
  - Role of grain phytates
  - Hydrothermal and enzymatic treatment of bran
  - Deep-oil frying on phenolic and antioxidant capacity

# Bran Particle Size vs. Bread Crumb Texture & Starch Retrogradation



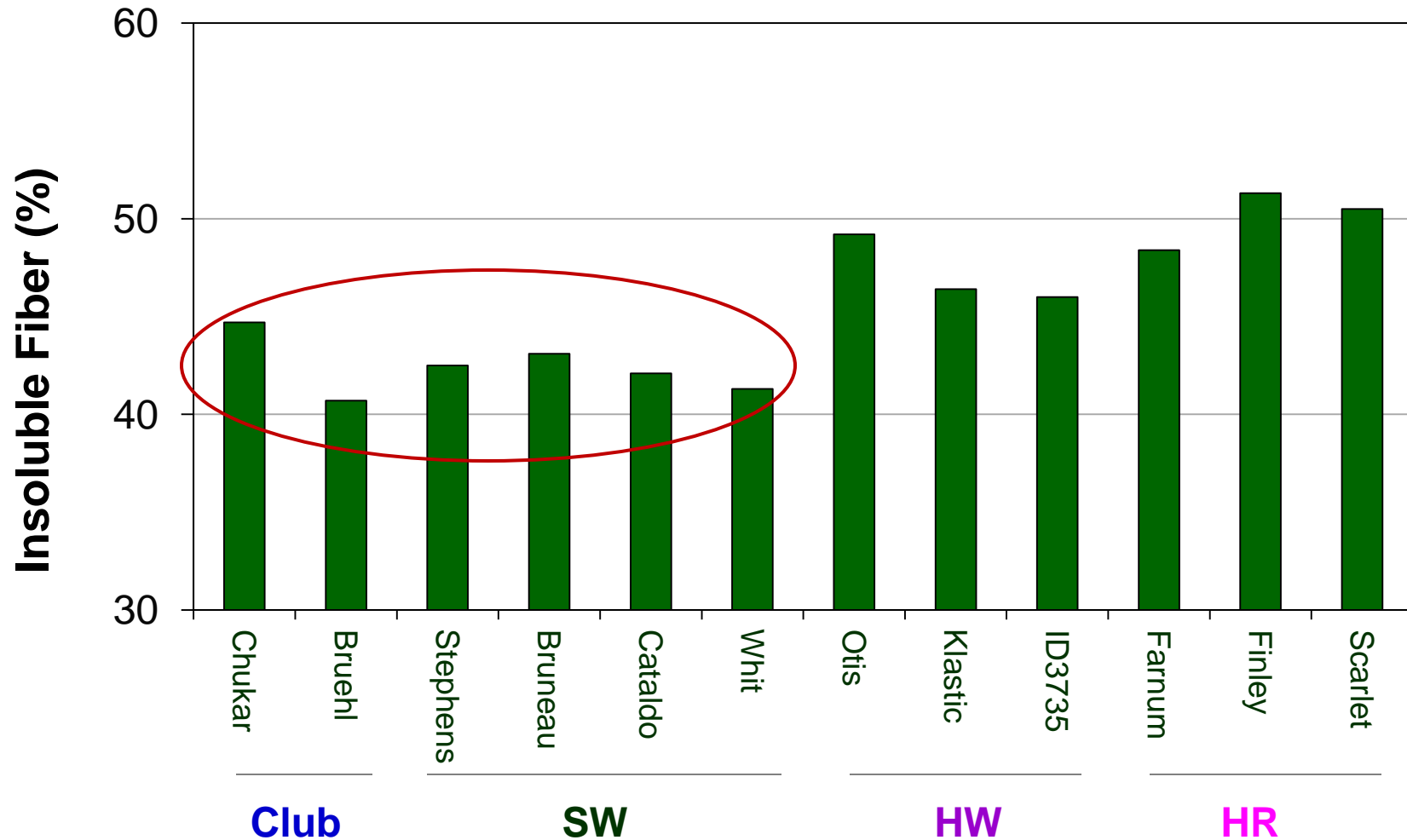


# Bran Particle Size vs. Firmness and Retrogradation of Bran-Starch Gels

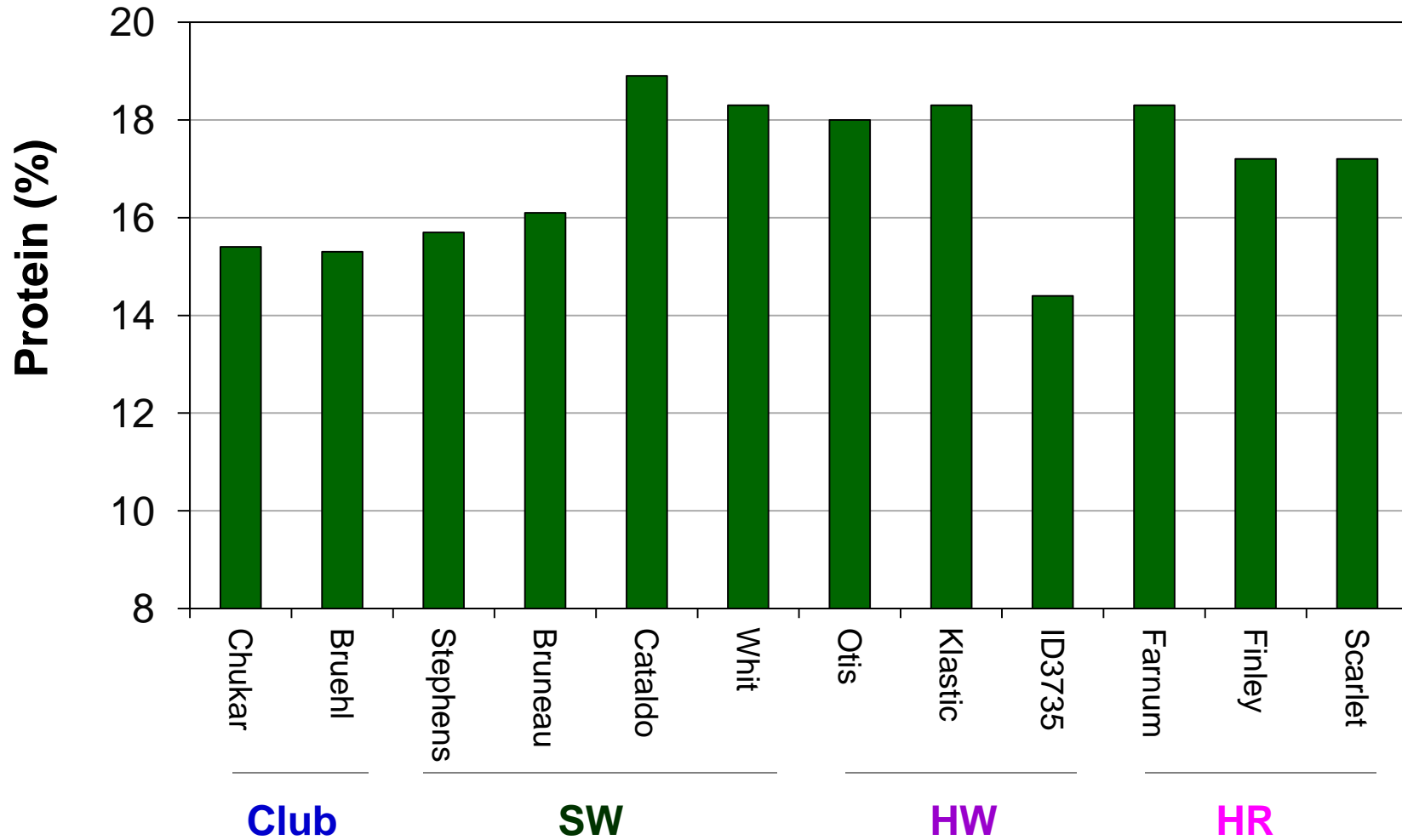


# **Bran Characteristics and Bread-Baking Quality of Whole Grain Wheat Flour**

# Insoluble Fiber Content of Bran



# Protein Content of Bran



# Fat, Ash and Soluble Fiber Content of Bran

<b>Class</b>	<b>Variety</b>	<b>Fat (%)</b>	<b>Ash (%)</b>	<b>SDF (%)</b>
Club	Chukar	4.4	5.4	2.4
	Bruehl	4.8	4.6	3.7
SWW	Stephens	3.8	5.5	2.9
	Bruneau	4.4	6.8	4.0
	Cataldo	4.4	5.9	2.7
	Whit	4.5	6.6	3.5
HW	Otis	5.4	6.5	2.7
	Klastic	4.9	7.1	3.9
	ID3735	4.3	6.3	3.3
HR	Farnum	4.9	6.4	2.7
	Finley	3.8	8.2	4.2
	Scarlet	4.2	8.1	4.0

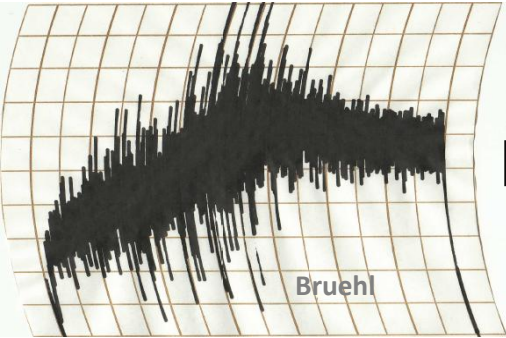
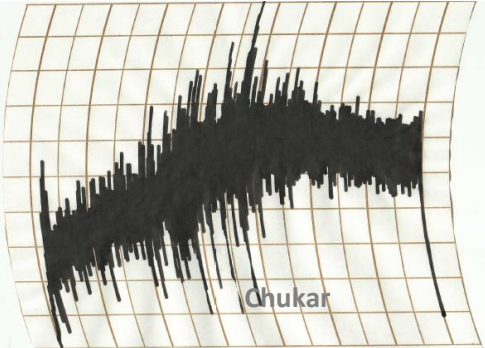
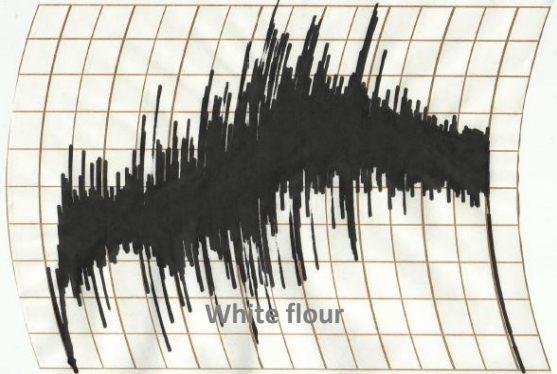
# Mixograph Absorption and Mixing Time of Bran and HR Wheat Flour Blends

Class	Variety	Mixograph Absorption (%)	Mixing Time (min)
Club	Chukar	75	4.5
	Bruehl	74	4.0
SWW	Stephens	75	4.0
	Bruneau	74	4.0
	Cataldo	73	5.0
	Whit	74	4.0
HW	Otis	78	6.0
	Klastic	76	4.5
	ID3735	78	6.0
HR	Farnum	79	5.0
	Finley	77	5.0
	Scarlet	78	5.5

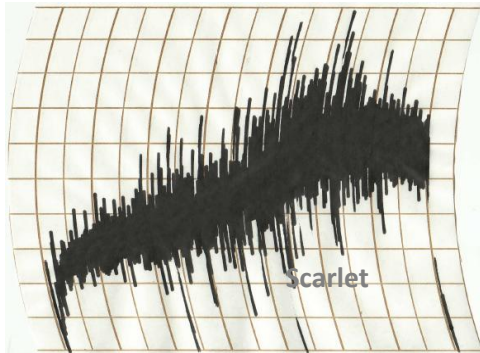
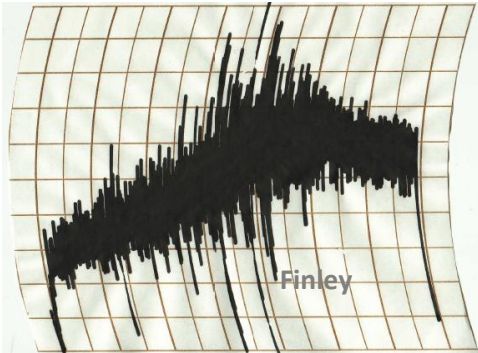
# Mixograms of Wheat Flour & Bran and Wheat Flour Blends

## Bran + Wheat Flour

### Wheat Flour

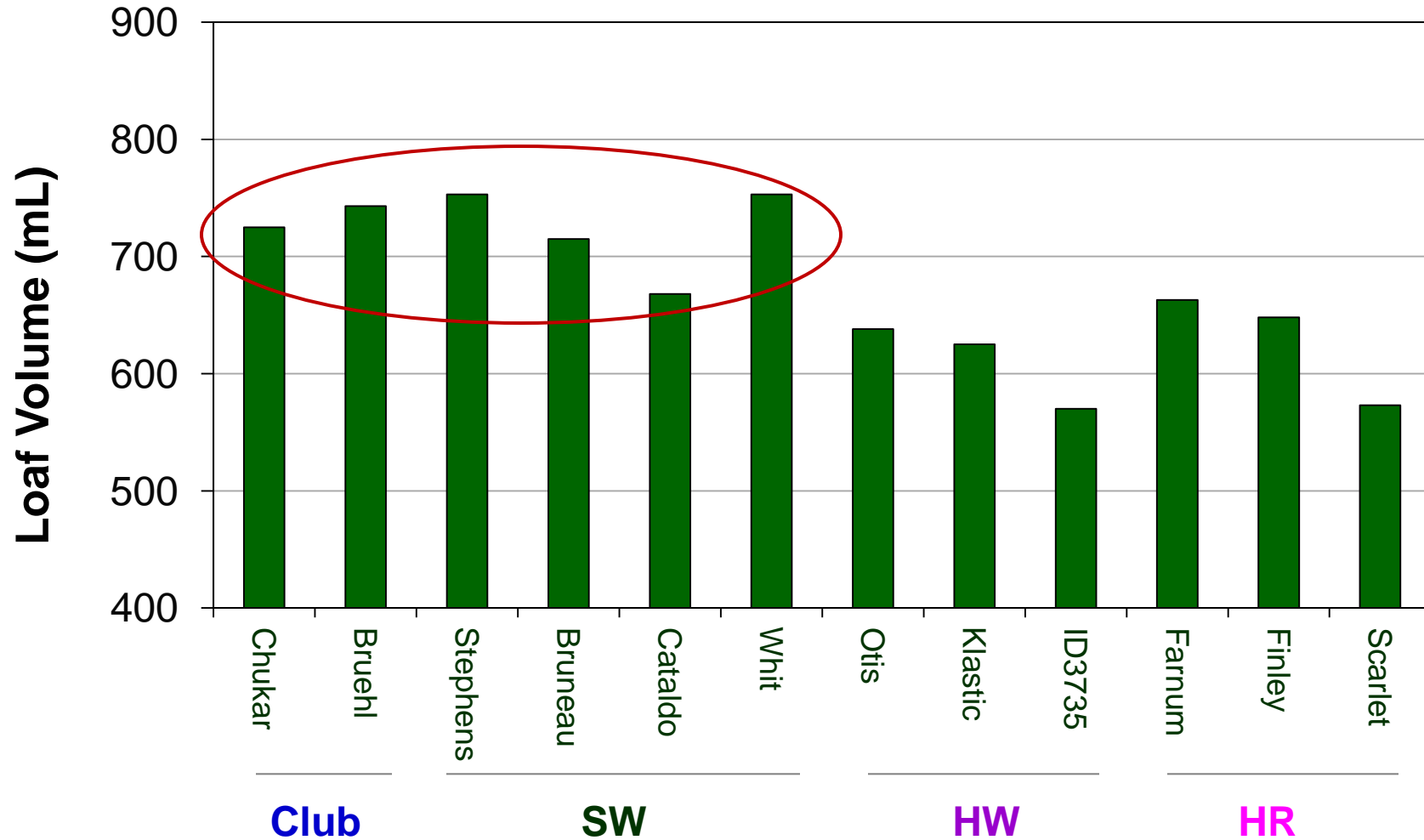


Low Fiber



High Fiber

# Loaf Volume of Bread Baked From Bran and HR Wheat Flour Blends





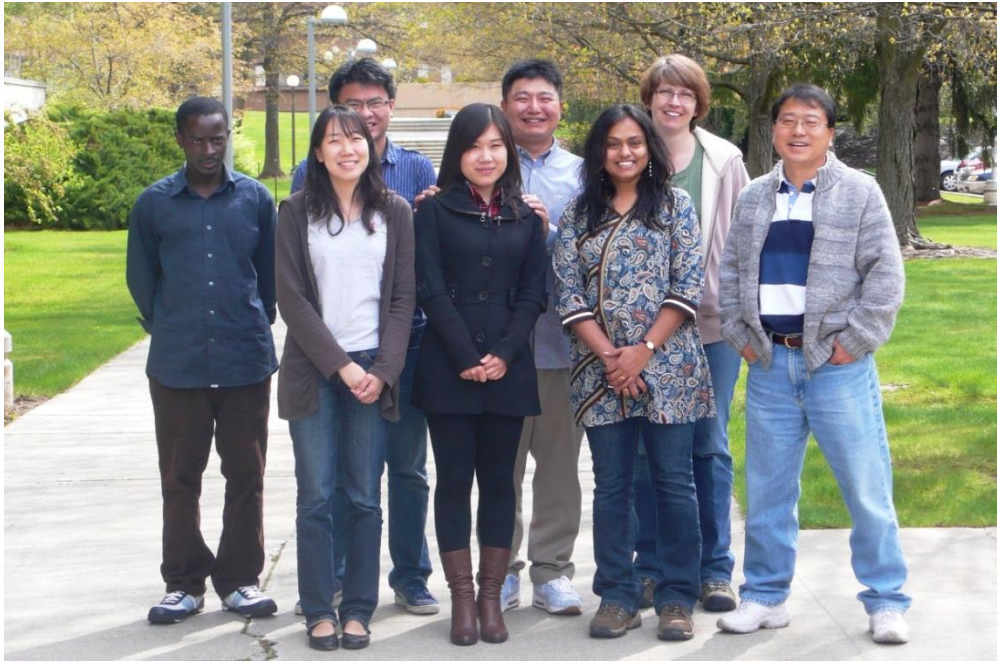
# Bran Composition vs. Dough Properties & Loaf Volume of Bread

Bran Composition	Mixo. Absorption	Mixing Time	Loaf Volume
Protein (%)	0.03	0.09	-0.11
Fat (%)	0.19	0.22	-0.09
Ash (%)	0.47	0.37	-0.60
<b>Insoluble Fiber (%)</b>	<b>0.85**</b>	<b>0.69**</b>	<b>-0.73**</b>
Soluble Fiber (%)	-0.01	-0.18	-0.21



# Acknowledgement

## Cereal Biochemistry Program-WSU



## Grant Funding

- Washington Grain Commission
- USDA-NIFA-OREI
- BioAg Program-WSU
- Shepherd's Grain
- RDA-NICS-Korea

# USDA-ARS SWQL Staffs



# Accomplishments of SWQL

- ❑ Performed quality analyses of breeding lines and varieties (>6,000)
- ❑ Performed quality analyses of regional and State performance nurseries
- ❑ Coordinated and participated in SWQC and OVA projects
- ❑ Conducted research on milling and baking test procedures, and genetic markers for quality traits

# My Tasks at SWQL

- ❑ Effectively manage the lab to provide **accurate, reliable and timely** evaluation of end-use quality of wheat breeding lines and varieties
- ❑ Conduct research on **milling and baking quality traits** of soft wheat
- ❑ Meet the needs of soft wheat **growers, users and research collaborators**

# Research at SWQL

- ❑ Efficient and reliable evaluation of wheat quality
  - Improvement of testing protocol/methods/interpretation
  - Adoption/development of cake and cracker baking tests
- ❑ Whole grain wheat: functional & nutritional quality
- ❑ Genetic markers for end-use quality traits
  - Flour milling quality
  - Baking quality traits
- ❑ Expanded uses of soft red wheat
  - Suitability of SRW wheat for non-conventional SRW wheat foods
  - Identification of quality traits important for those foods

# Works in Action

- ❑ Comparative Miag milling of soft wheat between SWQL and WWQL
- ❑ Influence of lag time between milling and flour testing on quality parameters
- ❑ DNA markers for end-use quality