

A pair of hands is shown from a top-down perspective, cupping a small, vibrant green seedling with three leaves. The seedling is growing out of a mound of dark, rich soil. The background is a soft, out-of-focus grey, making the hands and the plant the central focus of the image.

“ABC’s of Soil Health”

**Improving soil health and increasing farm
resilience with no-till cropping systems**

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A pair of hands is shown from a top-down perspective, gently cupping a small, vibrant green seedling with four leaves. The seedling is growing out of a small mound of dark, rich soil. The background is a soft, out-of-focus grey, making the hands and the plant the central focus of the image.

What is soil quality?

*Soil quality refers to the capacity of the soil to **function**.*

What *functions* do soils perform???

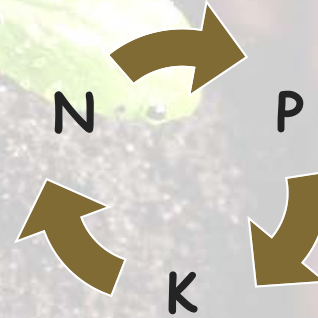
1. Support plants and buildings

2. Cycle nutrients

3. Filter water

4. Regulate water flow

5. Maintain productivity



A pair of hands is shown holding a small green seedling with three leaves, growing out of a mound of dark soil. The background is a soft, out-of-focus grey.

Soil Quality Indicators *Indirectly* Measure Soil Function

Indicators used to assess soil function can be grouped into three categories:

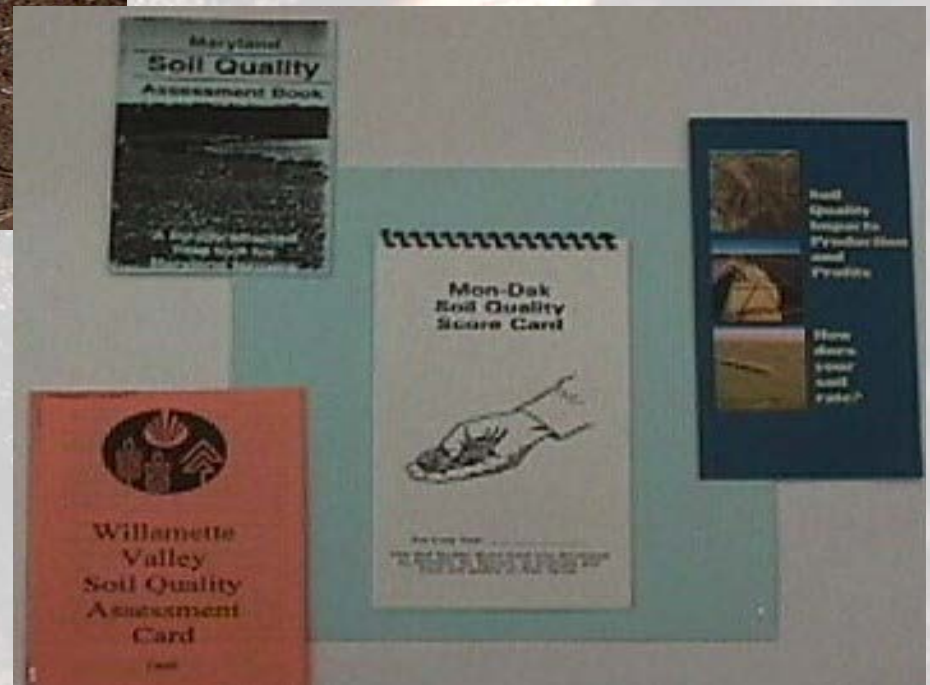
- *Physical*
- *Chemical*
- *Biological*

Tools to Measure Soil Quality:



Soil Quality Test Kit

Soil Quality Score Cards



A close-up photograph of a pair of hands holding a small, vibrant green seedling with three leaves, growing out of a dark, rich soil. The hands are positioned in the center of the frame, with the fingers gently cupping the soil and plant. The background is a soft, out-of-focus grey, making the hands and the plant the central focus. The overall tone is natural and nurturing.

Physical Indicators



Infiltration

Factors Influencing Infiltration...

- **Pore size distribution**
- **Soil structure**
- **Soil water content**
- **Tillage intensity / No-till**
- **Soil compaction**
- **Surface crusting**
- **Biological activity (earthworms, etc.)**

Aggregate Stability



Factors Affecting Aggregate Stability...

- Clay Content
- Organic Matter Content
- Glomalin (Soil Glue)
- Salinity/Sodium Levels
- Tillage

Bulk Density



Compacted zone

Bulk Density/Compaction

Definitions:

Bulk Density is the dry weight of a given volume of soil.

Compaction is the reduction of pore space.

Why is it important?

- Root growth and development
- Water and air movement



Compacted

Macro-pores

Factors Influencing Soil Pores...



Tillage

Compaction

Plants and Animals



Roots

Chemical Indicators

Soil Nitrate



Soil pH



Salinity
(Electrical
Conductivity
or "EC")

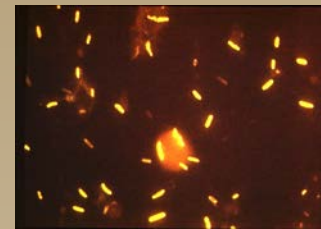


A close-up photograph of a pair of hands holding a small, vibrant green seedling with several leaves, growing out of a mound of dark, rich soil. The hands are positioned as if presenting the plant. The background is a soft, out-of-focus grey.

Biological Indicators

Life in the Soil

- ◆ Bacteria
- ◆ Fungi
- ◆ Protozoa
- ◆ Nematodes
- ◆ Arthropods
- ◆ Earthworms



**Measuring soil
respiration in
the field.**



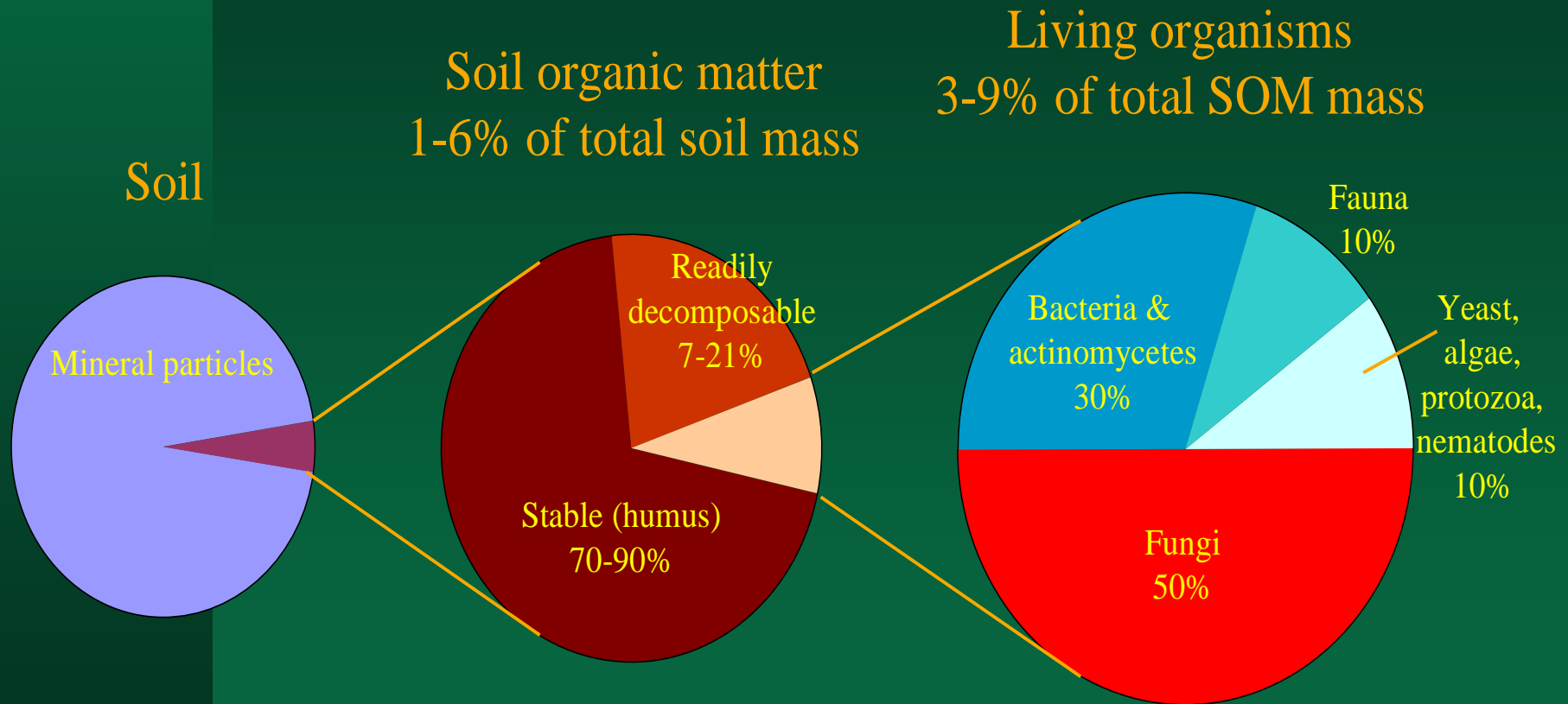


Caution: Dyfonate, Counter, and Thimet are toxic to earthworms.

Soil Organic Matter



Soil Organic Matter Composition



Soil Organic Matter (SOM) (1-6% of *TOTAL* soil mass)

(Alive) Living organisms 3-9% of SOM

Bacteria, fungi, earthworms, nematodes,
insects, plant roots

(Recently Dead) organic matter 7-21% of SOM

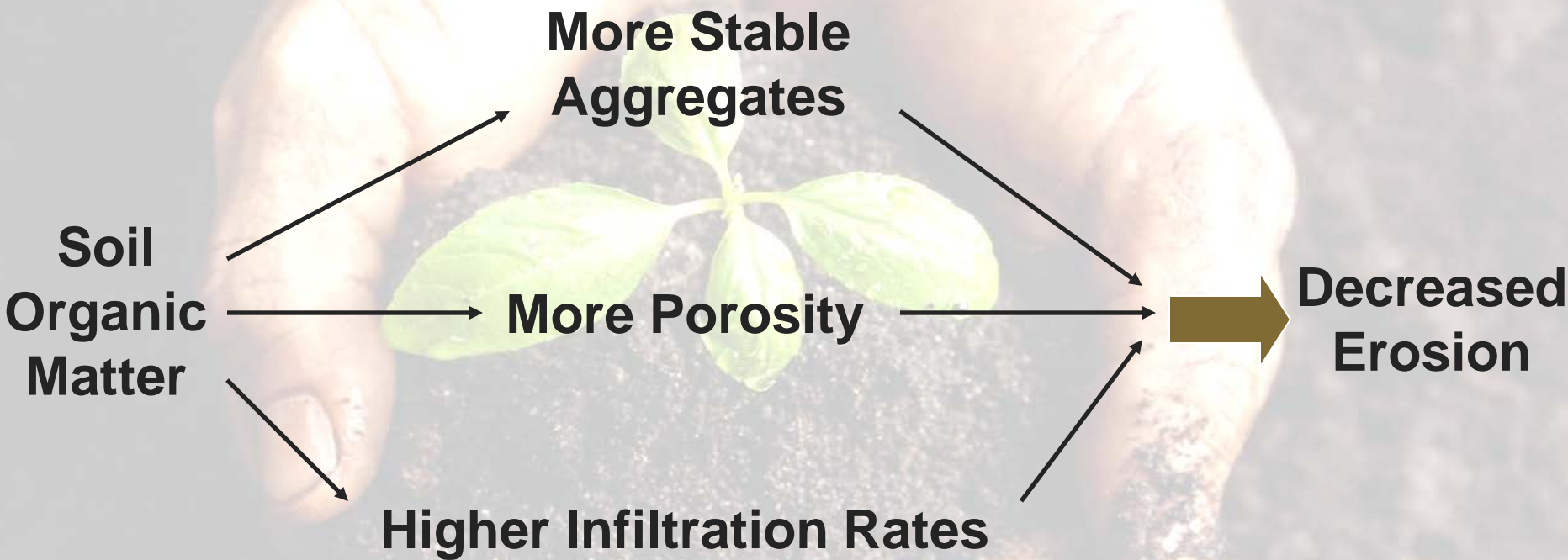
Fresh or partially decomposed fraction (labile/dynamic)

(Really Dead) Humus 70-90% of SOM

Well decomposed and very stable

Soil Organic Matter Influences...

- **Aggregation and Structure**
- **Water movement into and within the soil**
- **Nutrient cycling**
- **Pest suppression**



Intensive tillage destroys the biological and ecological integrity of soil



Before
Primary
Tillage



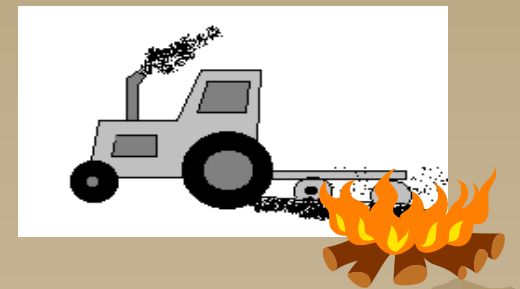
After
Primary
Tillage



After
Secondary
Tillage

Consequences of tillage include...

- Reduced organic matter
- Reduced aggregate stability
- Reduced water movement into and within the soil
- Compromised nutrient cycling
- Reduced pest suppression
- **REDUCED SOIL FUNCTION**



Strategies to Increase Soil Quality:

✓ Residue Management

Create a soil environment to slow the rate of residue decomposition and increase the quantity and quality of organic matter.

✓ Crop Rotation

Increase diversity of roots and residue to the soil.

✓ Reduce Tillage (No-Till)

Reduce pore disruption, compaction, and degradation of soil structure.

Top 10 Reasons to No-till:

10. Weed control
9. Pest control/Reduced pesticide use
8. Reduced fertilizer use
7. Increased crop diversity
6. Reduced field operation/decrease compaction
5. Reduced input costs \$\$\$\$
4. Reduced erosion (wind and water)
3. Increased soil biological activity
2. Increased available water capacity
- 1. Increased Organic Matter/Soil Carbon**

