Table 52. Quick Service Restaurants:
 Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from Quick Service Restaurants<sup>1</sup>, by Family Income (as % of Poverty Level<sup>2</sup>) and Age, in the United States, August 2021-August 2023

# Food energy

						-All Indi	viduals	3		$-Q\iota$	uick Serv	vice Resta	urant C	Consumers	4	Non-con	sumers <sup>5</sup>
Family income as % of poverty level and age	Sample Size	Perc Repor		To Inta	otal ake	Intako Quick Resta		Percentag Quick S Restau	ervice		otal ake	Intak Quick Resta		Percentag Quick S Restau	ervice		otal ake
(years)		%	(SE)	kcal	(SE)	kcal	(SE)	%	(SE)	kcal	(SE)	kcal	(SE)	%	(SE)	kcal	(SE)
Under 131% povert	y:															I	
2 - 19	540	33	(5.0)	1827	(54.7)	241	(60.6)	13	(3.5)	1931		735	(89.4)	38	(4.2)	1777	(90.7)
20 and over	892	34	(2.6)	1914	(35.2)	286	(36.1)	15	(1.7)	2117	(105.3)	851	(62.2)	40	(2.4)	1811	(38.8)
2 and over	1432	33	(2.3)	1888	(30.3)	273	(26.7)	14	(1.3)	2063	(72.8)	817	(37.5)	40	(1.7)	1800	(38.1)
131-350% poverty:																	
2 - 19	584	36	(2.9)	1915	(45.8)	281	(26.9)	15	(1.3)	2073	(62.0)	772	(49.1)	37	(2.2)	1824	(50.0)
20 and over	1577	36	(1.2)	2047	(40.9)	309	(19.6)	15	(0.8)	2290	(69.8)	855	(44.0)	37	(1.5)	1910	(36.6)
2 and over	2161	36	(1.2)	2015	(32.2)	302	(16.6)	15	(0.7)	2236	(52.2)	834	(35.4)	37	(1.2)	1889	(28.7)
Over 350% poverty	:																
2 - 19	435	37	(3.9)	1906	(38.0)	281	(24.3)	15	(1.4)	2082	(72.1)	759	(44.7)	36	(1.5)	1803	(55.3)
20 and over	1774	39	(1.4)	2111	(33.4)	282	(15.2)	13	(0.8)	2203	(48.4)	724	(39.4)	33	(1.8)	2052	(67.9)
2 and over	2209	39	(1.6)	2073	(28.3)	282	(13.6)	14	(0.7)	2182	(43.8)	730	(32.1)	33	(1.5)	2004	(57.6)
All Individuals <sup>8</sup> :																	
2 - 19	1765	36	(1.4)	1875	(26.2)	270	(17.4)	14	(0.8)	2031	(48.4)	755	(34.4)	37	(1.2)	1789	(26.0)
20 and over	4798	36	(1.0)	2036	(20.7)	285	(12.5)	14	(0.6)	2207	(33.4)	787	(29.3)	36	(1.1)	1939	(26.1)
2 and over	6563	36	(0.7)	1999	(16.1)	281	(8.8)	14	(0.4)	2167	(24.3)	780	(20.4)	36	(0.9)	1904	(21.5)

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				<del></del>		-All Indi	viduals	3	<u> </u>	$-Q\iota$	uick Serv	vice Resta	urant <b>(</b>	Consumers	4	Non-con	sumers <sup>5</sup>
Family income as % of poverty level and age	Sample Size	Perc Repor			otal ake	Quick	e from Service urants	Percentage Quick S Restau	ervice		otal ake	Quick	e from Service urants	Percentag Quick S Restau	ervice	To	otal ake
(years)		%	(SE)	g	(SE)	g	(SE)	%	(SE)	g	(SE)	g	(SE)	%	(SE)	g	(SE)
Under 131% povert	v•								I							I	
2 - 19	,. 540	33	(5.0)	63.6	(2.13)	99:	* (3.06)	15*	(4.8)	67.7	(4.46)	30.1	(5.39)	44	(6.3)	61.6	(2.99)
20 and over	892	34	(2.6)	70.9	(1.45)		(1.40)	16	(1.9)	78.4	(3.88)	33.4	· · ·	43	(3.0)	67.0	· · ·
2 and over	1432	33	(2.3)	68.7	(1.06)	10.8	(0.99)	16	(1.5)	75.3	(2.43)	32.5	(1.43)	43	(2.3)	65.4	(1.62)
131-350% poverty:																	
2 - 19	584	36	(2.9)	64.6	(1.65)	9.3	(0.84)	14	(1.2)	67.3	(2.66)	25.6	(1.87)	38	(2.5)	63.1	(1.76)
20 and over	1577	36	(1.2)	76.0	(1.57)	12.0	(0.74)	16	(0.8)	81.7	(2.67)	33.1	(1.59)	40	(1.6)	72.7	(1.45)
2 and over	2161	36	(1.2)	73.2	(1.30)	11.3	(0.63)	15	(0.7)	78.2	(2.05)	31.2	(1.25)	40	(1.1)	70.4	(1.32)
Over 350% poverty:																	
2 - 19	435	37	(3.9)	65.2	(1.81)	9.5	(0.83)	15	(1.4)	68.1	(3.05)	25.8	(1.94)	38	(2.2)	63.5	(2.37)
20 and over	1774	39	(1.4)		(1.25)	10.9	(0.66)	13	(0.9)	82.9	· /		(1.83)	34	(2.3)	80.5	· · ·
2 and over	2209	39	(1.6)	78.4	(1.05)	10.7	(0.52)	14	(0.7)	80.3	(1.61)	27.7	(1.50)	34	(2.1)	77.2	(1.83)
All Individuals <sup>8</sup> :																	
2 - 19	1765	36	(1.4)	64.2	(1.08)	9.6	(0.84)	15	(1.2)	67.2	(2.34)	26.8	(1.78)	40	(1.9)	62.5	(0.98)
20 and over	4798	36	(1.0)	77.1	(0.90)	11.1	(0.53)	14	(0.7)	81.1	· /		(1.34)	38	(1.5)	74.8	
2 and over	6563	36	(0.7)	74.1	(0.73)	10.7	(0.39)	14	(0.5)	77.9	(1.06)	29.7	(1.01)	38	(1.2)	71.9	(0.87)

 Table 52. Quick Service Restaurants:
 Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from Quick Service Restaurants<sup>1</sup>, by Family Income (as % of Poverty Level<sup>2</sup>) and Age, in the United States, August 2021-August 2023 (continued)

## Carbohydrate

				<del></del>		-All Indiv	viduals	3		-Qu	iick Serv	vice Resta	urant C	Consumers	<sup>4</sup> —	Non-con	nsumers <sup>5</sup>
Family income as % of poverty level and age	Sample Size	Perc Repor		To Inta		Intake Quick S Restau	Service	Percentag Quick S Restau	ervice		otal ake	Intake Quick S Restau	Service	Percentag Quick S Restau	ervice	To	otal ake
(years)		%	(SE)	g	(SE)	g	(SE)	%	(SE)	g	(SE)	g	(SE)	%	(SE)	g	(SE)
Under 131% povert	v:								I							1	
2 - 19	540	33	(5.0)	231	(7.3)	26	(5.8)	11	(2.7)	237	(6.7)	79	(7.4)	33	(3.2)	228	(11.4)
20 and over	892	34	(2.6)	226	(5.1)	31	(4.2)	14	(1.6)	252	(14.8)	92	(6.8)	37	(2.0)	213	(5.8)
2 and over	1432	33	(2.3)	228	(4.4)	30	(3.2)	13	(1.3)	247	(10.7)	88	(4.6)	36	(1.5)	218	(5.7)
131-350% poverty:																	
2 - 19	584	36	(2.9)	242	(6.7)	32	(3.3)	13	(1.4)	256	(7.5)	89	(5.5)	35	(2.2)	235	(8.1)
20 and over	1577	36	(1.2)	230	(5.0)	32	(2.2)	14	(0.9)	255	(7.4)	90	(5.2)	35	(1.7)	216	(4.6)
2 and over	2161	36	(1.2)	233	(4.2)	32	(1.8)	14	(0.7)	255	(5.9)	89	(4.1)	35	(1.4)	220	(3.7)
Over 350% poverty:	:								5								
2 - 19	435	37	(3.9)	244	(5.0)	33	(3.4)	13	(1.4)	265	(7.7)	88	(4.6)	33	(1.4)	231	(8.9)
20 and over	1774	39	(1.4)	232	(5.2)	29	(1.8)	13	(0.9)	241	(6.8)	76	(4.3)	31	(1.6)	226	(10.0)
2 and over	2209	39	(1.6)	234	(4.8)	30	(1.8)	13	(0.9)	245	(5.9)	78	(3.7)	32	(1.4)	227	(8.8)
All Individuals <sup>8</sup> :																	
2 - 19	1765	36	(1.4)	238	(3.5)	31	(1.7)	13	(0.6)	253	(5.4)	85	(3.4)	34	(1.1)	230	(4.3)
20 and over	4798	36	(1.0)	228	(2.7)	30	(1.5)	13	(0.6)	247	(4.1)	83	(3.3)	34	(1.0)	218	(3.8)
2 and over	6563	36	(0.7)	231	(2.2)	30	(1.1)	13	(0.5)	248	(3.0)	84	(2.4)	34	(0.8)	221	(3.2)

 Table 52. Quick Service Restaurants:
 Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from Quick Service Restaurants<sup>1</sup>, by Family Income (as % of Poverty Level<sup>2</sup>) and Age, in the United States, August 2021-August 2023 (continued)

## Total sugars

				<u> </u>		-All Indiv	iduals	3		-Qu	ick Serv	ice Resta	urant C	Consumers	5 <sup>4</sup> —	Non-con.	sumers <sup>5</sup>
Family income as % of poverty level and age	Sample Size	Perc Report		To Inta		Intake Quick S Restau	Service	Percentag Quick S Restau	ervice	To Inta		Intake Quick S Restau	ervice	Percentag Quick S Restau	Service	7 To Inta	
(years)		%	(SE)	g	(SE)	g	(SE)	%	(SE)	g	(SE)	g	(SE)	%	(SE)	g	(SE)
Under 131% povert	v:								1							I	
2 - 19	540	33	(5.0)	103	(3.9)	8	(1.9)	8	(2.0)	107	(3.0)	25	(2.3)	23	(2.3)	101	(6.0)
20 and over	892	34	(2.6)	100	(3.7)	11	(1.7)	11	(1.5)	111	(9.1)	32	(3.2)	28	(2.3) $(2.2)$	94	(3.4)
2 and over	1432	33	(2.3)	101	(2.8)	10	(1.4)	10	(1.3)	110	(6.6)	30	(2.5)	27	(1.7)	96	(3.2)
131-350% poverty:																	
2 - 19	584	36	(2.9)	110	(4.2)	14	(1.6)	13	(1.4)	115	(5.2)	38	(2.6)	33	(2.2)	108	(5.3)
20 and over	1577	36	(1.2)	99	(2.7)	11	(0.7)	11	(0.7)	111	(4.3)	31	(1.7)	28	(1.8)	92	(2.1)
2 and over	2161	36	(1.2)	102	(2.5)	12	(0.7)	12	(0.7)	112	(4.0)	32	(1.5)	29	(1.6)	96	(1.8)
Over 350% poverty																	
2 - 19	435	37	(3.9)	103	(3.6)	12	(1.9)	11	(1.7)	111	(4.4)	32	(3.8)	29	(3.0)	98	(5.7)
20 and over	1774	39	(1.4)	93	(1.6)	10	(1.0)	11	(1.0)	98	(4.8)	26	(2.1)	27	(1.5)	91	(2.9)
2 and over	2209	39	(1.6)	95	(1.8)	11	(1.1)	11	(1.0)	100	(4.5)	27	(2.4)	27	(1.6)	92	(2.8)
All Individuals <sup>8</sup> :																	
2 - 19	1765	36	(1.4)	105	(1.6)	11	(0.7)	11	(0.6)	109	(2.9)	32	(1.7)	29	(1.6)	102	(2.9)
20 and over	4798	36	(1.0)	96	(1.3)	10	(0.7)	11	(0.7)	105	(2.6)	29	(1.5)	28	(1.2)	91	(1.3)
2 and over	6563	36	(0.7)	98	(1.0)	11	(0.6)	11	(0.6)	106	(2.3)	30	(1.3)	28	(1.2)	94	(1.0)

 Table 52. Quick Service Restaurants:
 Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from Quick Service Restaurants<sup>1</sup>, by Family Income (as % of Poverty Level<sup>2</sup>) and Age, in the United States, August 2021-August 2023 (continued)

## Dietary fiber

Family income as % of poverty level and ageSample SizePercent Reporting $^6$ Intake Total IntakeIntake from Quick Service RestaurantsPercentages from $^7$ Quick Service RestaurantsIntake from Quick Service RestaurantsPercentages from $^7$ Total Quick Service RestaurantsIntake from Quick Service RestaurantsPercentages from $^7$ Total Quick Service RestaurantsIntake from Quick Service RestaurantsPercentages from $^7$ Quick Service RestaurantsIntake from Quick Service RestaurantsPercentages from $^7$ Quick Service RestaurantsIntake from Quick Service RestaurantsPercentages from $^7$ Total Quick Service RestaurantIntake from Quick Service RestaurantsPercentages from $^7$ Total Quick Service RestaurantIntake from Quick Service RestaurantPercentages from $^7$ Total Quick Service RestaurantIntake from Total Parcent <br< th=""><th></th><th>Total</th></br<>		Total
Under 131% poverty: $2 - 19$		Intake
2 - 19	) % (SE)	g (SE)
2 - 19		I
20 and over	37 (3.9)	13.8 (0.72)
<b>131-350% poverty:</b> 2 - 19	, , , ,	13.9 (0.38)
2 - 19	) 37 (1.9)	13.9 (0.33)
20 and over $1577$ 36 (12) 155 (0.40) 18 (0.11) 12 (0.7) 14.9 (0.48) 5.0 (0.12)	) 31 (2.0)	14.2 (0.47)
$20 \text{ and } 00011377 \qquad 50  (1.2) \qquad 15.5  (0.40) \qquad 1.6  (0.11) \qquad 12  (0.7) \qquad 14.7  (0.48) \qquad 5.0  (0.48) \qquad 0.0  (0.48)  (0.48)  (0.$	) 34 (1.5)	15.9 (0.49)
2 and over 2161 36 (1.2) 15.2 (0.31) 1.7 (0.08) 11 (0.5) 14.7 (0.32) 4.8 (0.	) 33 (1.1)	15.5 (0.38)
Over 350% poverty:		
2 - 19	) 31 (1.5)	15.3 (0.61)
20 and over         1774         39         (1.4)         18.3         (0.94)         1.8         (0.12)         10         (0.6)         16.6         (0.50)         4.6         (0.12)	) 28 (1.8)	19.3 (1.32)
2 and over 2209 39 (1.6) 17.8 (0.83) 1.8 (0.12) 10 (0.6) 16.5 (0.49) 4.6 (0.12)	) 28 (1.6)	18.6 (1.12)
All Individuals <sup>8</sup> :		
2 - 19	) 32 (1.0)	14.8 (0.46)
20 and over	, , , , , , , , , , , , , , , ,	16.8 (0.62)
2 and over       6563       36       (0.7)       15.9       (0.45)       1.7       (0.07)       11       (0.4)       15.1       (0.37)       4.8       (0.37)	32 (1.1)	16.4 (0.53)

 Table 52. Quick Service Restaurants:
 Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from Quick Service Restaurants<sup>1</sup>, by Family Income (as % of Poverty Level<sup>2</sup>) and Age, in the United States, August 2021-August 2023 (continued)

## Total fat

				<u> </u>		-All Indi	viduals	3		-Qu	ick Serv	ice Resta	urant C	Consumers	4	Non-cor	nsumers <sup>5</sup>
Family income as % of poverty level and age	Sample Size	Perc Repor		To Inta	otal ake	Intako Quick S Resta		Percentag Quick S Restau	ervice	To Inta	otal ake		e from Service urants	Percentag Quick S Restau	ervice	To	otal ake
(years)		%	(SE)	g	(SE)	g	(SE)	%	(SE)	g	(SE)	g	(SE)	%	(SE)	g	(SE)
<b>Under 131% povert</b> 2 - 19	<b>y:</b> 540	33	(5.0)	72.1	(2.63)	10.9	(2.85)	15	(4.0)	78.3	(3.56)	33 A	(4.42)	43	(4.8)	69.1	(3.96)
20 and over	892	33	(3.0) (2.6)	77.0	(2.03) (1.46)		(2.63) $(1.64)$	13	(4.0) (2.0)	87.4	(4.38)	38.6	(4.42) (3.08)	44	(4.8)	71.7	(1.75)
2 and over	1432	33	(2.3)	75.6	(1.29)	12.4	(1.18)	16	(1.5)	84.8	(2.92)	37.0	(1.83)	44	(2.2)	70.9	(1.30)
131-350% poverty:																	
2 - 19	584	36	(2.9)	77.4	(2.04)	12.8	(1.29)	17	(1.4)	88.3	(3.26)	35.2	(2.73)	40	(2.5)	71.2	(2.22)
20 and over	1577	36	(1.2)	86.8	(1.93)	14.6	(0.97)	17	(0.9)	97.5	(3.03)	40.4	(2.21)	41	(1.7)	80.7	(2.12)
2 and over	2161	36	(1.2)	84.5	(1.41)	14.2	(0.85)	17	(0.9)	95.2	(2.29)	39.1	(1.81)	41	(1.4)	78.4	(1.70)
Over 350% poverty	•																
2 - 19	435	37	(3.9)	76.0	(2.27)	12.6	(1.01)	17	(1.4)	85.0	(4.08)	34.2	(2.66)	40	(2.1)	70.7	(2.22)
20 and over	1774	39	(1.4)	90.3	(1.26)	13.3	(0.72)	15	(0.8)	95.8	(2.23)	34.2	(1.93)	36	(1.9)	86.7	(2.55)
2 and over	2209	39	(1.6)	87.6	(1.19)	13.2	(0.61)	15	(0.7)	93.9	(2.25)	34.2	(1.67)	36	(1.7)	83.7	(2.15)
All Individuals <sup>8</sup> :																	
2 - 19	1765	36	(1.4)	74.9	(1.40)	12.3	(0.88)	16	(1.0)	84.3	(2.51)	34.4	(1.83)	41	(1.5)	69.7	(1.25)
20 and over	4798	36	(1.0)	85.8	(0.95)	13.3	(0.58)	15	(0.7)	94.2	(1.40)	36.6	(1.43)	39	(1.4)	81.1	(1.19)
2 and over	6563	36	(0.7)	83.3	(0.75)	13.0	(0.40)	16	(0.5)	91.9	(0.97)	36.1	(1.06)	39	(1.1)	78.4	(0.99)

S	a	t	u	r	a	t	e	d	f	a	t	

						-All Indi	viduals	3	<u> </u>	— Quick Ser	vice Restaurant	Consumers <sup>4</sup> —	Non-consumers <sup>5</sup>
Family income as % of poverty level and age	Sample Size	Perc Repor			otal ake	Quick	e from Service urants	Percentage Quick Se Restaur	ervice	Total Intake	Intake from Quick Service Restaurants	Percentages fron Quick Service Restaurants	n <sup>7</sup> Total Intake
(years)		%	(SE)	g	(SE)	g	(SE)	%	(SE)	g (SE)	g (SE)	% (SE)	g (SE)
Under 131% povert	v•								1				1
2 - 19	540	33	(5.0)	24.2	(1.04)	3.5	(0.88)	15	(3.8)	25.4 (1.16)	10.8 (1.40)	42 (4.9)	23.6 (1.53)
20 and over	892	34	(2.6)	25.5	· /	4.5	(0.68)	18	(2.4)	29.5 (2.06)	13.3 (1.32)	45 (3.3)	23.4 (0.76)
2 and over	1432	33	(2.3)	25.1	(0.55)	4.2	(0.43)	17	(1.5)	28.3 (1.40)	12.6 (0.72)	44 (2.3)	23.5 (0.43)
131-350% poverty:													
2 - 19	584	36	(2.9)	26.5	(0.79)	4.3	(0.56)	16	(1.9)	29.8 (1.49)	11.8 (1.17)	40 (3.0)	24.7 (0.97)
20 and over	1577	36	(1.2)	28.0	(0.78)	4.8	(0.34)	17	(1.0)	31.3 (1.20)	13.2 (0.78)	42 (1.8)	26.1 (0.94)
2 and over	2161	36	(1.2)	27.6	(0.59)	4.7	(0.31)	17	(1.0)	31.0 (0.95)	12.9 (0.67)	42 (1.5)	25.8 (0.71)
Over 350% poverty	•												
2 - 19	435	37	(3.9)	25.8	(0.85)	4.1	(0.36)	16	(1.5)	28.0 (1.26)	11.1 (0.75)	40 (1.9)	24.5 (0.96)
20 and over	1774	39	(1.4)		(0.43)	4.3	(0.26)	15	(0.9)	30.7 (0.76)	11.1 (0.69)	36 (2.1)	27.2 (0.83)
2 and over	2209	39	(1.6)	28.0	(0.38)	4.3	(0.23)	15	(0.8)	30.2 (0.75)	11.1 (0.60)	37 (1.7)	26.7 (0.65)
All Individuals 8:													
2 - 19	1765	36	(1.4)	25.5	(0.46)	4.0	(0.31)	16	(1.1)	28.1 (0.89)	11.3 (0.67)	40 (1.7)	24.1 (0.53)
20 and over	4798	36	(1.0)	27.6	(0.42)	4.3	(0.21)	16	(0.7)	30.4 (0.58)	12.0 (0.53)	40 (1.5)	26.0 (0.51)
2 and over	6563	36	(0.7)	27.1	(0.29)	4.3	(0.14)	16	(0.5)	29.9 (0.39)	11.8 (0.39)	40 (1.2)	25.5 (0.39)

Μ	0	n	0	u	n	S	a	t	u	r	a	t	e	d		f	a	t	
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				<del></del>		-All Indi	viduals	3		—Qu	ick Serv	vice Resta	urant C	Consumers	4	Non-con	sumers <sup>5</sup>
Family income as % of poverty level and age	Sample Size	Pero Repor		To Inta		Intak Quick Resta		Percentag Quick S Restau	ervice	To Inta	otal ake	Quick	e from Service urants	Percentag Quick S Restau	ervice	To	otal ake
(years)		%	(SE)	g	(SE)	g	(SE)	%	(SE)	g	(SE)	g	(SE)	%	(SE)	g	(SE)
Under 131% povert	•																
2 - 19 20 and over	540 892	33 34	(5.0) (2.6)	23.7 25.8	(0.90) (0.48)	3.6 4.2	(0.89) (0.53)	15 16	(3.9) (2.0)	26.1 28.2	(1.27) (1.34)	10.9 12.6	(1.30) (1.05)	42 45	(4.4) (3.1)	22.5 24.6	(1.43) (0.70)
2 and over	1432	33	(2.3)	25.1	(0.38)	4.0	(0.39)	16	(1.5)	27.6	(0.96)	12.1	(0.66)	44	(2.1)	23.9	(0.55)
131-350% poverty:																	
2 - 19	584	36	(2.9)	25.0	(0.70)	4.1	(0.39)	16	(1.3)	28.6	(1.00)	11.3	(0.81)	39	(2.4)	23.0	(0.84)
20 and over	1577	36	(1.2)	29.3	(0.63)	4.8	(0.32)	17	(0.9)	32.9	(1.10)	13.4	(0.71)	41	(1.6)	27.3	(0.68)
2 and over	2161	36	(1.2)	28.3	(0.46)	4.7	(0.29)	17	(0.9)	31.9	(0.87)	12.9	(0.61)	40	(1.4)	26.2	(0.57)
Over 350% poverty	:																
2 - 19	435	37	(3.9)	24.6	(0.71)	4.1	(0.33)	17	(1.4)	27.6	(1.24)	11.0	(0.89)	40	(2.3)	22.9	(0.74)
20 and over	1774	39	(1.4)	30.8	(0.46)	4.4	(0.25)	14	(0.8)	32.1	(0.80)	11.2	(0.67)	35	(1.9)	30.0	(0.89)
2 and over	2209	39	(1.6)	29.7	(0.43)	4.3	(0.21)	15	(0.7)	31.3	(0.78)	11.2	(0.57)	36	(1.7)	28.6	(0.76)
All Individuals <sup>8</sup> :																	
2 - 19	1765	36	(1.4)	24.3	(0.48)	4.0	(0.26)	16	(1.0)	27.5	(0.74)	11.1	(0.55)	40	(1.4)	22.6	(0.50)
20 and over	4798	36	(1.0)	29.1	(0.32)	4.4	(0.20)	15	(0.7)	31.5	(0.46)	12.1	(0.51)	38	(1.5)	27.7	(0.39)
2 and over	6563	36	(0.7)	28.0	(0.26)	4.3	(0.15)	15	(0.6)	30.6	(0.33)	11.9	(0.40)	39	(1.3)	26.5	(0.35)

 Table 52. Quick Service Restaurants:
 Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from Quick Service Restaurants<sup>1</sup>, by Family Income (as % of Poverty Level<sup>2</sup>) and Age, in the United States, August 2021-August 2023 (continued)

## Polyunsaturated fat

				<del></del>		-All Indi	viduals	3		-Qu	ick Serv	ice Resta	urant C	Consumers	4	Non-con	sumers <sup>5</sup>
Family income as % of poverty level and age	Sample Size	Perc Report		To Inta	otal ake		e from Service urants	Percentag Quick S Restau	ervice		otal ake	Intak Quick Resta		Percentag Quick S Restau	ervice	To	otal ake
(years)		%	(SE)	g	(SE)	g	(SE)	%	(SE)	g	(SE)	g	(SE)	%	(SE)	g	(SE)
Under 131% povert	v:								I							1	
2 - 19	540	33	(5.0)	16.4	(0.67)	2.8	(0.79)	17	(4.6)	18.7	(1.09)	8.5	(1.28)	45	(5.4)	15.3	(0.74)
20 and over	892	34	(2.6)	17.2	(0.28)	3.0	(0.28)	17	(1.6)	20.0	(0.74)	8.8	(0.58)	44	(2.8)	15.8	(0.41)
2 and over	1432	33	(2.3)	17.0	(0.34)	2.9	(0.27)	17	(1.5)	19.6	(0.53)	8.7	(0.48)	44	(2.5)	15.7	(0.39)
131-350% poverty:																	
2 - 19	584	36	(2.9)	17.5	(0.60)	3.2	(0.32)	18	(1.6)	20.9	(1.01)	8.9	(0.83)	43	(3.0)	15.6	(0.58)
20 and over	1577	36	(1.2)	19.9	(0.38)	3.5	(0.27)	18	(1.2)	22.7	(0.64)	9.6	(0.70)	43	(2.3)	18.3	(0.35)
2 and over	2161	36	(1.2)	19.3	(0.30)	3.4	(0.23)	18	(1.1)	22.2	(0.51)	9.5	(0.58)	43	(2.1)	17.7	(0.31)
Over 350% poverty:																	
2 - 19	435	37	(3.9)	17.4	(0.59)	3.3	(0.31)	19	(1.7)	20.8	(1.28)	8.9	(0.96)	43	(3.0)	15.4	(0.56)
20 and over	1774	39	(1.4)	21.3	(0.35)	3.3	(0.17)	16	(0.9)	23.0	(0.62)	8.5	(0.47)	37	(2.0)	20.2	(0.66)
2 and over	2209	39	(1.6)	20.6	(0.38)	3.3	(0.15)	16	(0.8)	22.6	(0.64)	8.6	(0.44)	38	(1.9)	19.3	(0.60)
All Individuals <sup>8</sup> :																	
2 - 19	1765	36	(1.4)	17.0	(0.47)	3.2	(0.24)	19	(1.2)	20.1	(0.79)	8.8	(0.51)	44	(1.6)	15.3	(0.36)
20 and over	4798	36	(1.0)	19.8	(0.21)	3.2	(0.14)	16	(0.7)	22.2	(0.39)	8.8	(0.31)	40	(1.4)	18.5	(0.28)
2 and over	6563	36	(0.7)	19.2	(0.23)	3.2	(0.10)	17	(0.6)	21.7	(0.37)	8.8	(0.24)	41	(1.2)	17.7	(0.28)

 Table 52. Quick Service Restaurants:
 Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from Quick Service Restaurants<sup>1</sup>, by Family Income (as % of Poverty Level<sup>2</sup>) and Age, in the United States, August 2021-August 2023 (continued)

## Cholesterol

				<u> </u>		-All Indiv	viduals	3		—Qu	vick Serv	ice Resta	urant C	Consumer	s <sup>4</sup> —	Non-con	sumers <sup>5</sup>
Family income as % of poverty level and age	Sample Size	Perc Report			otal ake	Intake Quick S Restau	Service	Percentage Quick S Restau	ervice	To Inta	otal ake	Intako Quick S Restar		Percentag Quick S Restar	Service	To	otal ake
(years)		%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)
Under 131% povert	v:								I							1	
2 - 19	540	33	(5.0)	260	(19.0)	34*	(14.6)	13*	(5.5)	258	(23.4)	105	(30.3)	41	(10.4)	261	(23.9)
20 and over	892	34	(2.6)	301	(15.8)	42	(6.8)	14	(2.1)	315	(34.2)	124	(14.5)	39	(4.7)	294	(9.6)
2 and over	1432	33	(2.3)	289	(12.6)	40	(4.6)	14	(1.7)	298	(23.4)	118	(8.0)	40	(3.9)	284	(10.6)
131-350% poverty:																	
2 - 19	584	36	(2.9)	236	(8.2)	33	(3.4)	14	(1.2)	257	(17.7)	92	(7.3)	36	(2.4)	224	(11.8)
20 and over	1577	36	(1.2)	320	(8.1)	47	(3.1)	15	(0.9)	342	(14.9)	129	(7.0)	38	(2.4)	307	(8.4)
2 and over	2161	36	(1.2)	299	(6.7)	43	(2.7)	15	(0.8)	321	(11.5)	120	(5.6)	37	(1.7)	287	(8.2)
Over 350% poverty:	:																
2 - 19	435	37	(3.9)	241	(14.5)	30	(3.1)	13	(1.5)	241	(18.1)	82	(8.3)	34	(3.4)	240	(15.9)
20 and over	1774	39	(1.4)	328	(9.3)	42	(2.5)	13	(0.9)	339	(13.3)	109	(6.3)	32	(2.3)	320	(12.8)
2 and over	2209	39	(1.6)	311	(8.1)	40	(2.0)	13	(0.7)	322	(11.8)	104	(6.3)	32	(2.2)	305	(11.1)
All Individuals <sup>8</sup> :																	
2 - 19	1765	36	(1.4)	240	(6.3)	32	(4.1)	14	(1.6)	248	(11.6)	91	(9.7)	37	(3.0)	235	(6.4)
20 and over	4798	36	(1.0)	321	(5.9)	42	(2.0)	13	(0.7)	333	(7.5)	117	(5.3)	35	(1.8)	314	(7.6)
2 and over	6563	36	(0.7)	302	(4.7)	40	(1.6)	13	(0.6)	313	(6.0)	111	(4.6)	35	(1.5)	296	(6.8)

 Table 52. Quick Service Restaurants:
 Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from Quick Service Restaurants<sup>1</sup>, by Family Income (as % of Poverty Level<sup>2</sup>) and Age, in the United States, August 2021-August 2023 (continued)

## Vitamin A (RAE)

				<del></del>		-All Indiv	viduals	3		—Qu	vick Serv	vice Resta	urant C	Consumers	. 4	Non-con	sumers <sup>5</sup>
Family income as % of poverty level and age	Sample Size	Perc Report		To Inta	otal ake	Intake Quick S Restau	Service	Percentage Quick S Restau	ervice	To Inta	otal ake	Intako Quick S Restau		Percentag Quick S Restau	ervice		otal ake
(years)		%	(SE)	μg	(SE)	μg	(SE)	%	(SE)	μg	(SE)	μg	(SE)	%	(SE)	μg	(SE)
Under 131% poverty	v:		I						I							1	
2 - 19	540	33	(5.0)	470	(15.8)	45*	(15.9)	10*	(3.4)	446	(21.2)	138	(31.4)	31	(6.6)	481	(21.0)
20 and over	892	34	(2.6)	524	(42.0)	53	(8.5)	10	(1.8)	426	(31.7)	158	(15.2)	37	(2.8)	573	(61.1)
2 and over	1432	33	(2.3)	507	(31.0)	51	(6.1)	10	(1.4)	431	(19.9)	152	(9.7)	35	(2.6)	546	(45.5)
131-350% poverty:																	
2 - 19	584	36	(2.9)	517	(27.2)	49	(6.4)	9	(1.4)	478	(27.7)	135	(13.9)	28	(2.7)	540	(42.7)
20 and over	1577	36	(1.2)	551	(14.3)	61	(5.8)	11	(0.9)	519	(29.3)	170	(14.9)	33	(2.2)	570	(17.3)
2 and over	2161	36	(1.2)	543	(15.0)	58	(4.4)	11	(0.7)	509	(24.0)	161	(11.4)	32	(1.6)	562	(20.3)
Over 350% poverty:	:																
2 - 19	435	37	(3.9)	527	(18.8)	50	(5.8)	9	(1.3)	480	(22.8)	136	(7.8)	28	(1.8)	555	(26.4)
20 and over	1774	39	(1.4)	654	(23.3)	65	(4.9)	10	(0.6)	608	(28.4)	167	(12.4)	27	(2.1)	683	(28.1)
2 and over	2209	39	(1.6)	630	(17.6)	62	(4.3)	10	(0.6)	585	(22.4)	161	(10.1)	28	(1.9)	658	(22.4)
All Individuals <sup>8</sup> :																	
2 - 19	1765	36	(1.4)	499	(13.4)	48	(4.6)	10	(1.0)	473	(18.4)	133	(9.8)	28	(1.7)	513	(16.0)
20 and over	4798	36	(1.0)	588	(17.0)	59	(3.4)	10	(0.6)	547	(20.8)	164	(9.4)	30	(1.7)	610	(18.6)
2 and over	6563	36	(0.7)	567	(13.6)	57	(2.5)	10	(0.4)	530	(17.3)	157	(7.4)	30	(1.4)	588	(14.8)

 Table 52. Quick Service Restaurants:
 Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from Quick Service Restaurants<sup>1</sup>, by Family Income (as % of Poverty Level<sup>2</sup>) and Age, in the United States, August 2021-August 2023 (continued)

#### Beta carotene

					-All Indi	viduals	3		—Quick Serv	ice Restai	urant C	Consumers	4	Non-consumers <sup>5</sup>
Family income as % of poverty level and age	Sample Size	Perc Report		Total Intake		e from Service urants	Percentage Quick Se Restaur	rvice	Total Intake	Intake Quick S Restau	ervice	Percentag Quick S Restau	ervice	7 Total Intake
(years)		%	(SE)	μg (SE)	μg	(SE)	%	(SE)	μg (SE)	μg	(SE)	%	(SE)	μg (SE)
Under 131% povert	y:			l				I						1
2 - 19	540	33	(5.0)	1176 (91.6)	87*	<sup>k</sup> (44.4)	7*	(4.1)	912 (108.6)	265*	(99.5)	29*	(12.2)	1304 (112.9)
20 and over	892	34	(2.6)	1664 (151.1)	77	(8.8)	5	(0.8)	929 (110.4)	230	(23.2)	25	(2.9)	2036 (218.3)
2 and over	1432	33	(2.3)	1518 (113.8)	80	(13.5)	5	(1.0)	924 (88.3)	240	(34.7)	26	(4.2)	1816 (169.8)
131-350% poverty:														
2 - 19	584	36	(2.9)	1300 (148.4)	69	(11.3)	5	(1.2)	994 (122.6)	191	(30.5)	19	(2.8)	1474 (216.1)
20 and over	1577	36	(1.2)	1977 (112.7)	141	(20.2)	7	(1.0)	1559 (142.4)	390	(53.2)	25	(2.3)	2213 (135.9)
2 and over	2161	36	(1.2)	1810 (104.0)	123	(14.8)	7	(0.8)	1419 (129.2)	341	(42.4)	24	(2.1)	2032 (118.9)
Over 350% poverty:														
2 - 19	435	37	(3.9)	1668 (208.6)	87	(25.1)	5*	(1.6)	1293 (156.3)	236	(56.0)	18	(3.2)	1888 (307.2)
20 and over	1774	39	(1.4)	2833 (172.9)		· /	8	(1.3)	2238 (218.0)	563 (	` '	25	(4.2)	3213 (184.6)
2 and over	2209	39	(1.6)	2617 (147.7)	195	(35.5)	7	(1.1)	2070 (175.9)	505	(90.8)	24	(3.7)	2960 (159.0)
All Individuals <sup>8</sup> :														
2 - 19	1765	36	(1.4)	1378 (101.7)	81	(14.7)	6	(1.2)	1141 (122.9)	227	(36.3)	20	(3.8)	1510 (113.3)
20 and over	4798	36	(1.0)	2265 (109.1)	164	(20.8)	7	(0.8)	1771 (135.3)	453	(60.1)	26	(2.7)	2546 (113.6)
2 and over	6563	36	(0.7)	2059 (93.3)	145	(16.5)	7	(0.7)	1625 (119.8)	401	(46.9)	25	(2.3)	2303 (93.3)

 Table 52. Quick Service Restaurants:
 Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from Quick Service Restaurants<sup>1</sup>, by Family Income (as % of Poverty Level<sup>2</sup>) and Age, in the United States, August 2021-August 2023 (continued)

## Lycopene

					-All Indiv	viduals	3		—Quick Serv	ice Restaurant C	Consumers	. 4	Non-consumers <sup>5</sup>
Family income as % of poverty level and age	Sample Size	Perc Report		Total Intake	Intake Quick S Restau		Percentag Quick S Restau	ervice	Total Intake	Intake from Quick Service Restaurants	Percentag Quick S Restau	ervice	7 Total Intake
(years)		%	(SE)	μg (SE)	μg	(SE)	%	(SE)	μg (SE)	μg (SE)	%	(SE)	μg (SE)
Under 131% povert	y:							I					1
2 - 19	540	33	(5.0)	4244 (489.0)	566	(141.8)	13	(2.8)	3960 (723.0)	1728 (228.3)	44	(8.2)	4382 (699.6)
20 and over	892	34	(2.6)	4181 (265.0)	675	(132.5)	16	(3.5)	3548 (447.7)	2006 (273.7)	57	(4.6)	4502 (428.0)
2 and over	1432	33	(2.3)	4200 (191.9)	642	(98.2)	15	(2.4)	3668 (446.0)	1925 (202.0)	52	(5.1)	4466 (292.3)
131-350% poverty:													
2 - 19	584	36	(2.9)	4372 (658.2)	359	(56.5)	8	(1.9)	3873 (594.5)	988 (110.3)	26	(3.6)	4657 (930.6)
20 and over	1577	36	(1.2)	3941 (204.7)	600	(66.0)	15	(1.4)	3898 (326.9)	1660 (169.1)	43	(3.4)	3965 (232.5)
2 and over	2161	36	(1.2)	4047 (239.0)	541	(46.3)	13	(0.9)	3892 (241.2)	1494 (127.6)	38	(2.5)	4136 (307.5)
Over 350% poverty	•												
2 - 19	435	37	(3.9)	4770 (497.0)	1060*	(376.7)	22	(6.3)	7018(1337.1)	2867 (860.0)	41	(8.1)	3452 (271.7)
20 and over	1774	39	(1.4)	4987 (329.2)		(76.0)	11	(1.6)	4758 (420.7)	1440 (191.4)	30	(3.5)	5132 (419.8)
2 and over	2209	39	(1.6)	4946 (260.8)	654	(103.6)	13	(2.2)	5161 (421.7)	1694 (238.0)	33	(3.9)	4812 (363.0)
All Individuals <sup>8</sup> :													
2 - 19	1765	36	(1.4)	4376 (287.5)	628	(118.2)	14	(2.2)	4838 (638.7)	1755 (305.8)	36	(4.4)	4118 (307.1)
20 and over	4798	36	(1.0)	4393 (165.6)		(56.2)	13	(1.3)	4252 (213.9)	1634 (144.6)	38	(2.7)	4474 (212.3)
2 and over	6563	36	(0.7)	4389 (152.8)	600	(50.0)	14	(1.2)	4388 (227.1)	1662 (128.4)	38	(2.5)	4391 (188.4)

]	Γ	h	i	a	m	i	n

					All Individuals	3		—Quick Serv	ice Restaurant C	Consumers <sup>4</sup> —	Non-consumers <sup>5</sup>
Family income as % of poverty level and age	Sample Size	Perc Repor		Total Intake	Intake from Quick Service Restaurants	Percentage Quick Se Restaura	rvice	Total Intake	Intake from Quick Service Restaurants	Percentages from Quick Service Restaurants	n <sup>7</sup> Total Intake
(years)		%	(SE)	mg (SE)	mg (SE)	%	(SE)	mg (SE)	mg (SE)	% (SE)	mg (SE)
Under 131% povert	V:			l			I				I
2 - 19	540	33	(5.0)	1.39 (0.049)	0.19 (0.047)	14	(3.6)	1.41 (0.063)	0.57 (0.074)	41 (4.9)	1.38 (0.081)
20 and over	892	34	(2.6)	1.37 (0.032)	0.22 (0.033)		(2.2)	1.51 (0.107)	0.66 (0.069)	43 (2.6)	
2 and over	1432	33	(2.3)	1.38 (0.028)	0.21 (0.021)	15	(1.5)	1.48 (0.071)	0.63 (0.037)	43 (1.6)	1.32 (0.034)
131-350% poverty:											
2 - 19	584	36	(2.9)	1.37 (0.039)	0.18 (0.016)	13	(1.3)	1.38 (0.060)	0.48 (0.026)	35 (2.0)	1.36 (0.041)
20 and over	1577	36	(1.2)	1.46 (0.035)	0.22 (0.017)	15	(0.9)	1.55 (0.074)	0.62 (0.038)	40 (1.3)	1.40 (0.029)
2 and over	2161	36	(1.2)	1.43 (0.031)	0.21 (0.013)	15	(0.7)	1.51 (0.060)	0.58 (0.030)	39 (0.8)	1.39 (0.025)
Over 350% poverty:											
2 - 19	435	37	(3.9)	1.50 (0.057)	0.18 (0.019)	12	(1.3)	1.55 (0.092)	0.49 (0.043)	32 (1.6)	1.48 (0.107)
20 and over	1774	39	(1.4)	1.56 (0.045)	0.21 (0.013)		(1.0)	1.60 (0.032)	0.54 (0.033)	34 (2.3)	· · · ·
2 and over	2209	39	(1.6)	1.55 (0.046)	0.21 (0.010)	13	(0.9)	1.59 (0.035)	0.54 (0.025)	34 (1.9)	1.52 (0.081)
All Individuals <sup>8</sup> :											
2 - 19	1765	36	(1.4)	1.40 (0.030)	0.18 (0.012)	13	(0.8)	1.43 (0.046)	0.51 (0.026)	36 (1.2)	1.39 (0.041)
20 and over	4798	36	(1.0)	1.47 (0.027)	0.21 (0.010)		(0.7)	1.55 (0.032)	0.58 (0.025)	37 (1.3)	. ,
2 and over	6563	36	(0.7)	1.46 (0.025)	0.20 (0.008)	14	(0.6)	1.52 (0.023)	0.56 (0.018)	37 (1.1)	1.42 (0.032)

 Table 52. Quick Service Restaurants:
 Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from Quick Service Restaurants<sup>1</sup>, by Family Income (as % of Poverty Level<sup>2</sup>) and Age, in the United States, August 2021-August 2023 (continued)

## Riboflavin

					All Individuals	3		—Quick Serv	ice Restaurant C	Consumers <sup>4</sup> -	- Non-consumers <sup>5</sup>
Family income as % of poverty level and age	Sample Size	Perc Repor		Total Intake	Intake from Quick Service Restaurants	Percentag Quick S Restau	ervice	Total Intake	Intake from Quick Service Restaurants	Percentages f Quick Servi Restaurant	ce Total
(years)		%	(SE)	mg (SE)	mg (SE)	%	(SE)	mg (SE)	mg (SE)	% (\$	E) mg (SE)
Under 131% povert	y:						I				I
2 - 19	540	33	(5.0)	1.62 (0.078)	0.18 (0.047)	11	(2.9)	1.62 (0.077)	0.56 (0.068)	· · · · · · · · · · · · · · · · · · ·	.1) 1.62 (0.118)
20 and over	892	34	(2.6)	1.67 (0.039)	0.27 (0.045)	16	(2.6)	1.82 (0.080)	0.80 (0.088)	44 (4	.0) 1.60 (0.062)
2 and over	1432	33	(2.3)	1.66 (0.040)	0.24 (0.032)	15	(1.9)	1.76 (0.051)	0.73 (0.062)	42 (3	.0) 1.60 (0.059)
131-350% poverty:											
2 - 19	584	36	(2.9)	1.64 (0.048)	0.21 (0.026)	13	(1.6)	1.68 (0.075)	0.57 (0.044)	34 (2	.4) 1.62 (0.059)
20 and over	1577	36	(1.2)	1.93 (0.036)	0.24 (0.014)	13	(0.7)	2.00 (0.078)	0.67 (0.031)	34 (1	.9) 1.89 (0.028)
2 and over	2161	36	(1.2)	1.86 (0.030)	0.23 (0.013)	13	(0.7)	1.92 (0.063)	0.64 (0.022)	34 (1	.3) 1.82 (0.023)
Over 350% poverty	•										
2 - 19	435	37	(3.9)	1.67 (0.034)	0.22 (0.021)	13	(1.3)	1.77 (0.065)	0.60 (0.049)	34 (3	.0) 1.61 (0.046)
20 and over	1774	39	(1.4)	2.07 (0.047)	0.24 (0.011)	12	(0.6)	2.09 (0.043)	0.61 (0.031)	29 (1	.5) 2.06 (0.070)
2 and over	2209	39	(1.6)	2.00 (0.039)	0.24 (0.010)	12	(0.5)	2.03 (0.040)	0.61 (0.029)	30 (1	.4) 1.97 (0.061)
All Individuals <sup>8</sup> :											
2 - 19	1765	36	(1.4)	1.62 (0.029)	0.20 (0.014)	12	(0.8)	1.66 (0.044)	0.57 (0.032)	34 (1	.3) 1.60 (0.042)
20 and over	4798	36	(1.0)	1.92 (0.034)	0.24 (0.012)	12	(0.7)	2.00 (0.044)	0.65 (0.027)		.4) 1.88 (0.033)
2 and over	6563	36	(0.7)	1.85 (0.030)	0.23 (0.009)	12	(0.5)	1.92 (0.035)	0.63 (0.023)	33 (1	.2) 1.81 (0.032)

 Table 52. Quick Service Restaurants:
 Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from Quick Service Restaurants<sup>1</sup>, by Family Income (as % of Poverty Level<sup>2</sup>) and Age, in the United States, August 2021-August 2023 (continued)

## Niacin

						-All Indiv	viduals	3		-Qu	ick Serv	vice Resta	urant C	Consumers	. 4	Non-con	sumers <sup>5</sup>
Family income as % of poverty level and age	Sample Size	Perc Repor		To Inta	otal ake	Intake Quick S Restar		Percentag Quick S Restau	ervice		otal ake	Intako Quick S Restar		Percentag Quick S Restau	ervice	To	otal ake
(years)		%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)
Under 131% povert	-																
2 - 19	540	33	(5.0)	18.8	(0.71)		<sup>(0.96)</sup>	17	(5.0)	20.1	(1.29)	9.6	(1.69)	48	(6.0)	18.2	. ,
20 and over	892	34	(2.6)	23.1	(0.75)	3.8	(0.47)	16	(1.8)	26.0	(2.07)	11.2	(1.05)	43	(3.0)	21.7	(1.00)
2 and over	1432	33	(2.3)	21.9	(0.59)	3.6	(0.35)	16	(1.5)	24.2	(1.28)	10.7	(0.68)	44	(2.8)	20.7	(0.88)
131-350% poverty:																	
2 - 19	584	36	(2.9)	19.3	(0.61)	2.9	(0.26)	15	(1.4)	20.7	(0.92)	8.1	(0.63)	39	(2.9)	18.5	(0.63)
20 and over	1577	36	(1.2)	24.4	(0.60)	3.7	(0.20)	15	(0.9)	26.7	(0.78)	10.3	(0.43)	39	(1.3)	23.0	(0.91)
2 and over	2161	36	(1.2)	23.1	(0.49)	3.5	(0.18)	15	(0.8)	25.2	(0.68)	9.7	(0.36)	39	(1.4)	21.9	(0.71)
Over 350% poverty	•																
2 - 19	435	37	(3.9)	19.8	(0.56)	3.0	(0.25)	15	(1.4)	21.9	(1.14)	8.0	(0.67)	36	(3.0)	18.6	(0.82)
20 and over	1774	39	(1.4)	24.9	(0.51)	3.4	(0.20)	14	(0.9)	25.5	(0.47)	8.8	(0.58)	35	(2.3)	24.5	(0.86)
2 and over	2209	39	(1.6)	23.9	(0.43)	3.4	(0.16)	14	(0.8)	24.9	(0.48)	8.7	(0.47)	35	(2.1)	23.4	(0.74)
All Individuals <sup>8</sup> :																	
2 - 19	1765	36	(1.4)	19.1	(0.32)	3.0	(0.26)	16	(1.3)	20.9	(0.64)	8.5	(0.56)	41	(2.1)	18.1	(0.31)
20 and over	4798	36	(1.0)	24.2	(0.34)	3.5	(0.17)	15	(0.7)	26.0	(0.48)	9.7	(0.41)	37	(1.3)	23.1	(0.45)
2 and over	6563	36	(0.7)	23.0	(0.27)	3.4	(0.14)	15	(0.6)	24.8	(0.34)	9.4	(0.33)	38	(1.2)	21.9	(0.37)

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					All Individuals	3	—Quick Ser	vice Restaurant (	Consumers <sup>4</sup> —	Non-consumers <sup>5</sup>
Family income as % of poverty level and age	Sample Size	Perc Repor		Total Intake	Intake from Quick Service Restaurants	Percentages from Quick Service Restaurants	7 Total Intake	Intake from Quick Service Restaurants	Percentages from Quick Service Restaurants	n <sup>7</sup> Total Intake
(years)		%	(SE)	mg (SE)	mg (SE)	% (SE)	mg (SE)	mg (SE)	% (SE)	mg (SE)
Under 131% povert	v•			l			1			1
2 - 19	540	33	(5.0)	1.48 (0.060)	0.18*(0.059)	12* (3.9)	1.49 (0.084)	0.55 (0.105)	37 (6.3)	1.47 (0.102)
20 and over	892	34	(2.6)	1.86 (0.075)	0.23 (0.034)	12 (0.5) 13 (1.6)	1.81 (0.169)	0.70 (0.095)	38 (4.2)	1.88 (0.107)
2 and over	1432	33	(2.3)	1.74 (0.062)	0.22 (0.029)	13 (1.5)	1.72 (0.120)	0.65 (0.072)	38 (3.8)	1.76 (0.094)
131-350% poverty:										
2 - 19	584	36	(2.9)	1.53 (0.064)	0.18 (0.017)	12 (1.2)	1.57 (0.117)	0.49 (0.042)	31 (3.4)	1.51 (0.047)
20 and over	1577	36	(1.2)	1.99 (0.079)	0.21 (0.013)	10 (0.8)	2.02 (0.098)	0.58 (0.026)	29 (1.9)	1.97 (0.121)
2 and over	2161	36	(1.2)	1.88 (0.061)	0.20 (0.011)	11 (0.7)	1.91 (0.083)	0.55 (0.022)	29 (1.7)	1.86 (0.094)
Over 350% poverty:										
2 - 19	435	37	(3.9)	1.50 (0.042)	0.18 (0.017)	12 (1.2)	1.60 (0.098)	0.49 (0.028)	31 (3.0)	1.45 (0.054)
20 and over	1774	39	(1.4)	1.97 (0.054)	0.21 (0.012)	11 (0.7)	1.87 (0.059)	0.53 (0.035)	29 (2.1)	2.03 (0.076)
2 and over	2209	39	(1.6)	1.88 (0.044)	0.20 (0.011)	11 (0.6)	1.82 (0.055)	0.52 (0.030)	29 (2.0)	1.92 (0.069)
All Individuals <sup>8</sup> :										
2 - 19	1765	36	(1.4)	1.50 (0.025)	0.18 (0.016)	12 (1.0)	1.56 (0.049)	0.51 (0.034)	32 (2.1)	1.46 (0.033)
20 and over	4798	36	(1.0)	1.94 (0.043)	0.21 (0.010)	11 (0.6)	1.92 (0.052)	0.58 (0.025)	30 (1.3)	1.96 (0.053)
2 and over	6563	36	(0.7)	1.84 (0.035)	0.20 (0.009)	11 (0.5)	1.83 (0.041)	0.56 (0.022)	31 (1.3)	1.84 (0.046)

 Table 52. Quick Service Restaurants:
 Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from Quick Service Restaurants<sup>1</sup>, by Family Income (as % of Poverty Level<sup>2</sup>) and Age, in the United States, August 2021-August 2023 (continued)

# Folate (DFE)

				<del></del>		-All Indi	viduals	3		—Qu	ick Serv	vice Resta	urant C	Consumers	s <sup>4</sup> —	Non-con	nsumers <sup>5</sup>
Family income as % of poverty level and age	Sample Size	Perc Repor		To Int	otal ake	Quick	e from Service urants	Percentag Quick S Restau	ervice	To Inta	otal ake		e from Service urants	Percentag Quick S Restau	Service	Т	otal ake
(years)		%	(SE)	μg	(SE)	μg	(SE)	%	(SE)	μg	(SE)	μg	(SE)	%	(SE)	μg	(SE)
Under 131% povert	-																
2 - 19 20 and over	540 892	33 34	(5.0) (2.6)	419 409	(22.6) (15.3)	51 61	(13.4) (10.2)	12 15	(3.7) (2.3)	401 439	(25.5) (33.6)	157 182	(24.2) (21.9)	39 41	(6.1) (3.3)	427 394	(35.5) (15.9)
2 and over	1432	33	(2.3)	412	(14.4)	58	(5.9)	14	(1.5)	428	(22.5)	175	(12.1)	41	(2.2)	404	(16.8)
131-350% poverty:																	
2 - 19	584	36	(2.9)	400	(12.9)	46	(4.8)	12	(1.3)	394	(21.5)	128	(7.8)	32	(2.3)	403	(15.1)
20 and over	1577	36	(1.2)	428	(12.8)	64	(4.6)	15	(0.9)	456	(22.7)	177	(11.1)	39	(1.8)	412	(13.0)
2 and over	2161	36	(1.2)	421	(10.2)	60	(3.3)	14	(0.6)	441	(18.0)	165	(8.4)	37	(1.1)	410	(10.1)
Over 350% poverty:	:																
2 - 19	435	37	(3.9)	439	(15.1)	50	(5.4)	11	(1.2)	454	(22.3)	136	(13.8)	30	(2.3)	431	(22.5)
20 and over	1774	39	(1.4)	464	(17.0)	58	(4.0)	13	(0.9)	465	(14.6)	150	(10.2)	32	(2.2)	463	(26.8)
2 and over	2209	39	(1.6)	459	(16.2)	57	(3.1)	12	(0.8)	463	(12.3)	147	(7.6)	32	(1.9)	457	(24.7)
All Individuals <sup>8</sup> :																	
2 - 19	1765	36	(1.4)	415	(10.0)	50	(3.3)	12	(0.8)	417	(15.8)	139	(7.4)	33	(1.3)	414	(12.1)
20 and over	4798	36	(1.0)	437	(10.1)	59	(3.2)	13	(0.7)	456	(12.5)	163	(7.6)	36	(1.4)	426	(11.6)
2 and over	6563	36	(0.7)	432	(9.2)	57	(2.4)	13	(0.6)	447	(10.1)	157	(5.7)	35	(1.1)	423	(10.7)

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						-All Indiv	viduals	3	<u> </u>	—Qu	ick Serv	ice Resta	urant C	Consumers	<sup>4</sup> —	Non-cor	nsumers <sup>5</sup>
Family income as % of poverty level and age	Sample Size	Perc Repor		To Int	otal ake	Intake Quick S Restau	Service	Percentage Quick S Restau	ervice	To Inta	otal ake	Intake Quick S Restau		Percentag Quick S Restau	ervice	То	otal ake
(years)		%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)
Under 131% povert	v:								1							1	
2 - 19	540	33	(5.0)	265	(13.1)	33*	(12.4)	13*	(4.6)	267	(18.4)	102	(23.3)	38	(7.6)	264	(18.3)
20 and over	892	34	(2.6)	300	(10.9)	40	(5.8)	13	(1.8)	307	(24.5)	120	(11.2)	39	(3.8)	297	(10.8)
					. ,						. ,		. ,				
2 and over	1432	33	(2.3)	290	(8.6)	38	(4.4)	13	(1.5)	295	(17.4)	114	(7.0)	39	(2.5)	287	(10.0)
131-350% poverty:																	
2 - 19	584	36	(2.9)	252	(5.9)	33	(3.0)	13	(1.1)	261	(13.1)	91	(5.6)	35	(1.9)	247	(9.2)
20 and over	1577	36	(1.2)	328	(8.6)	43	(2.6)	13	(0.6)	341	(12.8)	119	(5.4)	35	(1.8)	320	(7.4)
2 and over	2161	36	(1.2)	309	(6.7)	41	(2.4)	13	(0.6)	321	(9.2)	112	(4.1)	35	(1.2)	302	(6.9)
Over 350% poverty:	:																
2 - 19	435	37	(3.9)	255	(9.6)	32	(3.0)	13	(1.4)	261	(13.7)	87	(6.8)	33	(2.4)	251	(10.9)
20 and over	1774	39	(1.4)	347	(6.6)	41	(2.2)	12	(0.7)	347	(9.9)	105	(6.2)	30	(2.0)	346	(10.4)
2 and over	2209	39	(1.6)	329	(5.7)	39	(1.8)	12	(0.6)	332	(8.5)	102	(5.7)	31	(1.9)	328	(9.2)
All Individuals <sup>8</sup> :																	
2 - 19	1765	36	(1.4)	254	(4.5)	33	(3.3)	13	(1.2)	258	(9.7)	91	(7.4)	35	(2.0)	252	(4.9)
20 and over	4798	36	(1.0)	331	(4.4)	40	(2.0)	12	(0.6)	336	(6.0)	111	(4.9)	33	(1.5)	329	(5.5)
2 and over	6563	36	(0.7)	313	(3.8)	39	(1.6)	12	(0.5)	318	(4.9)	107	(4.3)	34	(1.2)	311	(5.3)

 Table 52. Quick Service Restaurants:
 Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from Quick Service Restaurants<sup>1</sup>, by Family Income (as % of Poverty Level<sup>2</sup>) and Age, in the United States, August 2021-August 2023 (continued)

## Vitamin B12

					All Individuals	3		—Quick Serv	ice Restaurant C	Consumers <sup>4</sup> —	- Non-consumers <sup>5</sup>
Family income as % of poverty level and age	Sample Size	Perc Repor		Total Intake	Intake from Quick Service Restaurants	Percentage Quick S Restau	ervice	Total Intake	Intake from Quick Service Restaurants	Percentages fro Quick Servic Restaurants	e Total
(years)		%	(SE)	μg (SE)	μg (SE)	%	(SE)	μg (SE)	μg (SE)	% (SE	E) μg (SE)
Under 131% povert	v:						I				I
2 - 19	<b>.</b> 540	33	(5.0)	3.49 (0.162)	0.41 (0.104)	12	(3.0)	3.52 (0.199)	1.24 (0.172)	35 (4.9	3.47 (0.218)
20 and over	892	34	(2.6)	4.62 (0.492)	0.62 (0.099)	14	(2.1)	4.57 (0.559)	1.86 (0.229)	41 (3.9	9) 4.64 (0.665)
2 and over	1432	33	(2.3)	4.28 (0.357)	0.56 (0.072)	13	(1.8)	4.26 (0.388)	1.68 (0.157)	39 (3.4	4) 4.29 (0.476)
131-350% poverty:											
2 - 19	584	36	(2.9)	3.70 (0.147)	0.41 (0.041)	11	(1.2)	3.60 (0.235)	1.13 (0.100)	31 (2.5	5) 3.76 (0.235)
20 and over	1577	36	(1.2)	4.44 (0.190)	0.55 (0.057)	12	(1.4)	4.50 (0.174)	1.52 (0.133)	34 (2.6	5) 4.40 (0.305)
2 and over	2161	36	(1.2)	4.25 (0.142)	0.52 (0.045)	12	(1.1)	4.27 (0.154)	1.42 (0.098)	33 (2.2	2) 4.24 (0.242)
Over 350% poverty	:										
2 - 19	435	37	(3.9)	3.60 (0.192)	0.42 (0.073)	12	(1.6)	3.77 (0.407)	1.13 (0.236)	30 (4.3	3) 3.50 (0.199)
20 and over	1774	39	(1.4)	4.42 (0.154)	0.51 (0.032)	11	(0.9)	4.35 (0.141)	1.30 (0.086)	30 (2.2	
2 and over	2209	39	(1.6)	4.26 (0.147)	0.49 (0.031)	12	(0.8)	4.25 (0.172)	1.27 (0.091)	30 (2.1	4.28 (0.193)
All Individuals <sup>8</sup> :											
2 - 19	1765	36	(1.4)	3.59 (0.068)	0.42 (0.042)	12	(1.1)	3.62 (0.168)	1.17 (0.102)	32 (2.2	2) 3.57 (0.109)
20 and over	4798	36	(1.0)	4.44 (0.128)	0.53 (0.037)	12	(0.9)	4.48 (0.135)	1.46 (0.097)	33 (1.0	
2 and over	6563	36	(0.7)	4.24 (0.106)	0.50 (0.029)	12	(0.7)	4.28 (0.108)	1.39 (0.077)	33 (1.4	4) 4.21 (0.159)

 Table 52. Quick Service Restaurants:
 Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from Quick Service Restaurants<sup>1</sup>, by Family Income (as % of Poverty Level<sup>2</sup>) and Age, in the United States, August 2021-August 2023 (continued)

## Vitamin C

				<del></del>		-All Indi	viduals	3	·····	-Qu	ick Serv	vice Resta	urant C	Consumers	. 4	Non-con	sumers <sup>5</sup>
Family income as % of poverty level and age	Sample Size	Pero Repor		To Inta	otal ake		e from Service urants	Percentage Quick Se Restau	ervice	To Int	otal ake	Intako Quick S Restar		Percentag Quick S Restau	ervice		otal ake
(years)		%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)
Under 131% povert	v:								I							I	
2 - 19	540	33	(5.0)	83.0	(6.65)	4.3*	<sup>c</sup> (1.42)	5*	(2.0)	69.9	(8.06)	13.3	(2.55)	19	(4.8)	89.4	(6.26)
20 and over	892	34	(2.6)	70.1	(3.56)	4.9	(1.04)	7	(1.3)	58.3	(7.50)	14.6	(2.59)	25	(1.9)	76.0	(4.32)
2 and over	1432	33	(2.3)	73.9	(3.04)	4.7	(0.90)	6	(1.2)	61.7	(5.04)	14.2	(2.09)	23	(2.3)	80.0	(3.48)
131-350% poverty:																	
2 - 19	584	36	(2.9)	80.8	(3.94)	5.0	(0.89)	6	(1.0)	72.5	(6.15)	13.9	(2.75)	19	(2.5)	85.5	(5.13)
20 and over	1577	36	(1.2)	75.9	(3.28)	4.2	(0.51)	6	(0.7)	67.9	(4.54)	11.7	(1.43)	17	(1.9)	80.4	(3.93)
2 and over	2161	36	(1.2)	77.1	(2.83)	4.4	(0.54)	6	(0.6)	69.1	(3.99)	12.3	(1.61)	18	(1.9)	81.6	(3.35)
Over 350% poverty:	•																
2 - 19	435	37	(3.9)	90.1	(4.79)	4.2	(0.63)	5	(0.7)	78.4	(3.75)	11.2	(1.37)	14	(1.6)	96.9	(6.12)
20 and over	1774	39	(1.4)	80.8	(3.44)	5.5	· /	7	(0.6)	72.1	· /	14.2	(1.08)	20	(1.7)		(4.57)
2 and over	2209	39	(1.6)	82.6	(3.14)	5.3	(0.39)	6	(0.5)	73.2	(2.62)	13.7	(0.77)	19	(1.3)	88.4	(4.18)
All Individuals <sup>8</sup> :																	
2 - 19	1765	36	(1.4)	82.8	(2.64)	4.5	(0.44)	5	(0.6)	73.3	(2.60)	12.6	(1.17)	17	(1.5)	88.1	(3.85)
20 and over	4798	36	(1.0)	77.2	(2.17)	5.0	(0.34)	6	(0.4)	69.2	(2.39)	13.7	(0.88)	20	(1.1)	81.8	(2.45)
2 and over	6563	36	(0.7)	78.5	(1.99)	4.9	(0.33)	6	(0.4)	70.2	(2.02)	13.5	(0.82)	19	(1.0)	83.2	(2.33)

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				<del></del>		-All Indi	viduals	3		-Qu	ick Serv	ice Resta	urant C	Consumers	4	Non-con	nsumers <sup>5</sup>
Family income as % of poverty level and age	Sample Size	Perc Report		To Inta			e from Service urants	Percentage Quick Se Restau	ervice	To Inta	otal ake	Intak Quick Resta		Percentage Quick S Restau	ervice	Т	otal ake
(years)		%	(SE)	μg	(SE)	μg	(SE)	%	(SE)	μg	(SE)	μg	(SE)	%	(SE)	μg	(SE)
Under 131% povert	y:								I							I	
2 - 19	540	33	(5.0)	5.0	(0.23)	0.2*	* (0.11)	5*	(2.2)	4.5	(0.32)	0.7*	(0.23)	17*	(5.5)	5.2	(0.38)
20 and over	892	34	(2.6)	4.1	(0.24)	0.3	(0.07)	8	(1.5)	4.0	(0.46)	1.0	(0.14)	24	(2.3)	4.1	(0.22)
2 and over	1432	33	(2.3)	4.3	(0.17)	0.3	(0.05)	7	(1.1)	4.1	(0.31)	0.9	(0.10)	22	(1.5)	4.5	(0.18)
131-350% poverty:																	
2 - 19	584	36	(2.9)	4.9	(0.24)	0.3	(0.03)	7	(0.8)	4.2	(0.34)	0.9	(0.08)	21	(2.3)	5.3	(0.33)
20 and over	1577	36	(1.2)	4.4	(0.19)	0.3	(0.03)	8	(0.8)	4.1	(0.36)	1.0	(0.08)	24	(3.0)	4.6	(0.20)
2 and over	2161	36	(1.2)	4.5	(0.16)	0.3	(0.03)	8	(0.6)	4.1	(0.26)	0.9	(0.05)	23	(1.9)	4.8	(0.17)
Over 350% poverty	•																
2 - 19		37	(3.9)	4.5	(0.25)	0.2	(0.04)	5	(0.9)	3.9	(0.41)	0.6	(0.10)	16	(1.8)	4.9	(0.29)
20 and over	1774	39	(1.4)	4.8	(0.18)	0.4	(0.04)	8	(0.9)	4.6	(0.26)	1.0	(0.11)	23	(2.3)	4.9	(0.25)
2 and over	2209	39	(1.6)	4.7	(0.18)	0.4	(0.04)	8	(0.8)	4.4	(0.24)	1.0	(0.10)	22	(2.1)	4.9	(0.22)
All Individuals <sup>8</sup> :																	
2 - 19	1765	36	(1.4)	4.8	(0.12)	0.3	(0.04)	6	(0.8)	4.1	(0.23)	0.7	(0.09)	18	(1.8)	5.2	(0.19)
20 and over	4798	36	(1.0)	4.5	(0.14)	0.4	(0.03)	8	(0.7)	4.3	(0.18)	1.0	(0.07)	23	(1.7)	4.7	(0.17)
2 and over	6563	36	(0.7)	4.6	(0.11)	0.3	(0.02)	7	(0.5)	4.2	(0.13)	0.9	(0.06)	22	(1.3)	4.8	(0.14)

 Table 52. Quick Service Restaurants:
 Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from Quick Service Restaurants<sup>1</sup>, by Family Income (as % of Poverty Level<sup>2</sup>) and Age, in the United States, August 2021-August 2023 (continued)

# Vitamin E (alphatocopherol)

						-All Indiv	viduals	3		-Qu	ick Serv	vice Resta	urant C	Consumers	4	Non-con	nsumers <sup>5</sup>
Family income as % of poverty level and age	Sample Size	Perc Repor		To Inta	otal ake	Intake Quick S Restar		Percentage Quick Se Restau	ervice	Te	otal ake	Intako Quick S Restar		Percentag Quick S Restau	ervice	To	otal ake
(years)		%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)
Under 131% povert	V:								1							1	
2 - 19	540	33	(5.0)	7.2	(0.23)	0.9*	(0.29)	12*	(4.1)	7.5	(0.37)	2.7	(0.50)	36	(6.2)	7.0	(0.38)
20 and over	892	34	(2.6)	8.2	(0.24)		(0.13)	12	(1.6)	8.3	(0.27)	3.0	(0.24)	36	(2.3)	8.2	
2 and over	1432	33	(2.3)	7.9	(0.20)	1.0	(0.11)	12	(1.4)	8.0	(0.35)	2.9	(0.18)	36	(1.6)	7.8	(0.33)
131-350% poverty:																	
2 - 19	584	36	(2.9)	8.0	(0.24)	1.1	(0.12)	13	(1.5)	8.6	(0.27)	2.9	(0.27)	34	(2.7)	7.7	(0.31)
20 and over	1577	36	(1.2)	9.0	(0.24)	1.1	(0.07)	13	(0.8)	9.4	· /	3.2	(0.18)	34	(1.8)	8.7	(0.25)
								-						-			
2 and over	2161	36	(1.2)	8.7	(0.19)	1.1	(0.07)	13	(0.8)	9.2	(0.33)	3.1	(0.18)	34	(1.8)	8.5	(0.18)
Over 350% poverty:																	
2 - 19	435	37	(3.9)	8.5	(0.26)	1.0	(0.09)	12	(1.3)	9.1	(0.38)	2.8	(0.22)	31	(2.9)	8.2	(0.43)
20 and over	1774	39	(1.4)	10.7	(0.30)	1.2	(0.07)	11	(0.8)	10.7	(0.40)	3.0	(0.19)	29	(2.1)	10.7	(0.48)
2 and over	2209	39	(1.6)	10.3	(0.26)	1.2	(0.06)	11	(0.7)	10.4	(0.37)	3.0	(0.16)	29	(2.0)	10.2	(0.41)
All Individuals <sup>8</sup> :																	
2 - 19	1765	36	(1.4)	7.9	(0.17)	1.0	(0.07)	13	(0.9)	8.4	(0.20)	2.8	(0.16)	34	(1.7)	7.6	(0.21)
20 and over	4798	36	(1.0)	9.5	(0.24)	1.1	(0.05)	12	(0.6)	9.8	(0.26)	3.0	(0.12)	31	(1.4)	9.4	(0.26)
2 and over	6563	36	(0.7)	9.1	(0.20)	1.1	(0.04)	12	(0.5)	9.4	(0.22)	3.0	(0.10)	32	(1.3)	9.0	(0.22)

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Family income as							viduals			£				Consumers		11011-001	sumers <sup>5</sup>
- <u>-</u>	ample Size	Perc Report		To Inta	otal ake	Intake Quick S Restar		Percentage Quick Se Restau	ervice		otal ake	Intake Quick S Restau		Percentag Quick S Restau	ervice	Тс	otal ake
(years)		%	(SE)	μg	(SE)	μg	(SE)	%	(SE)	μg	(SE)	μg	(SE)	%	(SE)	μg	(SE)
Under 131% poverty:									1							I	
	540	33	(5.0)	68.1	(4.10)	96*	(3.16)	14*	(4.3)	68.0	(7.92)	29.4	(5.65)	43	(6.8)	68.2	(4.79)
	892	34	(2.6)	94.5	(3.71)		(0.93)	10	(1.1)	83.1	(8.65)	28.1	(2.01)	34	(2.9)	100.2	(6.73)
2 and over 1	1432	33	(2.3)	86.6	(2.84)	9.5	(1.04)	11	(1.2)	78.6	(6.25)	28.5	(2.12)	36	(3.0)	90.6	(5.04)
131-350% poverty:																	
	584	36	(2.9)	72.2	(4.83)	9.6	(1.16)	13	(1.8)	74.0	(6.42)	26.4	(3.52)	36	(3.6)	71.1	(5.90)
20 and over 1	1577	36	(1.2)	112.6	(5.09)	13.4	(1.17)	12	(1.1)	110.1	(7.93)	37.1	(3.14)	34	(2.8)	114.0	(6.70)
2 and over 2	2161	36	(1.2)	102.6	(4.36)	12.5	(0.97)	12	(1.0)	101.1	(6.42)	34.5	(2.65)	34	(2.2)	103.5	(5.89)
Over 350% poverty:																	
	435	37	(3.9)	77.5	(4.14)	9.5	(0.93)	12	(1.3)	73.9	(4.29)	25.8	(2.87)	35	(3.2)	79.6	(4.54)
	1774	39	(1.4)		(8.81)		(1.16)	10	(1.1)	125.9	(7.70)		(3.14)	30	(2.7)		(16.17)
2 and over 2	2209	39	(1.6)	130.7	(6.68)	13.6	(0.99)	10	(1.0)	116.6	(6.83)	35.4	(2.79)	30	(2.5)	139.5	(12.67)
All Individuals <sup>8</sup> :																	
	1765	36	(1.4)	72.6	(2.60)	9.9	(0.88)	14	(1.2)	71.8	(3.70)	27.6	(2.11)	38	(2.2)	73.1	(3.02)
	4798	36	(1.0)		(5.36)	12.9	(0.51)	11	(0.6)	112.7	(3.88)	35.7	(1.24)	32	(1.4)	125.7	(7.54)
2 and over 6	6563	36	(0.7)	109.8	(4.23)	12.2	(0.50)	11	(0.6)	103.3	(3.20)	33.8	(1.25)	33	(1.4)	113.4	(5.85)

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					<u> </u>		-All Indi	viduals	3	· · · · · · ·	—Qu	ick Serv	vice Resta	urant <b>(</b>	Consumers	4	Non-cor	nsumers <sup>5</sup>
$\begin{array}{c ccccccccccccccccccccccccccccccccccc$	% of poverty level	-					Quick	Service	Quick S	ervice			Quick S	Service	Quick S	ervice	То	otal ake
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	(years)		%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	Under 131% povert	v:								1							1	
$\begin{array}{c ccccccccccccccccccccccccccccccccccc$		-	33	(5.0)	927	(30.5)	98	(25.8)	11	(2.8)	943	(53.4)	298	(45.6)	32	(4.4)	919	(45.3)
$\begin{array}{c ccccccccccccccccccccccccccccccccccc$														. ,		. ,	765	(28.0)
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	2 and over	1432	33	(2.3)	849	(18.6)	113	(12.0)	13	(1.3)	925	(35.5)	340	(18.3)	37	(1.5)	811	(19.0)
$\begin{array}{c ccccccccccccccccccccccccccccccccccc$	131-350% poverty:																	
$\begin{array}{c ccccccccccccccccccccccccccccccccccc$	2 - 19	584	36	(2.9)	937	(34.8)	106	(11.7)	11	(1.3)	918	(45.3)	291	(25.5)	32	(2.3)	948	(44.5)
Over 350% poverty:       2 - 19	20 and over	1577	36	(1.2)	895	(18.4)	117	(9.6)	13	(1.0)	938	(36.7)	324	(23.7)	35	(2.1)	871	(18.5)
$\begin{array}{c ccccccccccccccccccccccccccccccccccc$	2 and over	2161	36	(1.2)	905	(17.5)	114	(8.1)	13	(0.8)	933	(31.5)	316	(19.1)	34	(1.5)	890	(17.3)
$\begin{array}{c ccccccccccccccccccccccccccccccccccc$	Over 350% poverty	•																
2 and over       2209       39       (1.6)       929       (17.6)       114       (5.2)       12       (0.7)       954       (23.7)       296       (12.1)       31       (1.2)       914         All Individuals <sup>8</sup> :       2 - 19       1765       36       (1.4)       920       (17.5)       104       (8.8)       11       (0.8)       917       (29.4)       291       (18.0)       32       (1.2)       922			37	(3.9)	915	(18.1)	108	(11.5)	12	(1.3)	922	(47.9)	292	(20.9)	32	(1.7)	911	(25.3)
All Individuals <sup>8</sup> : 2 - 19	20 and over	1774	39	(1.4)	933	(20.7)	115	(5.8)	12	(0.8)	961	(25.9)	296	(14.2)	31	(1.5)	914	(34.2)
2 - 19 1765 36 (1.4) 920 (17.5) 104 (8.8) 11 (0.8) 917 (29.4) 291 (18.0) 32 (1.2) 922	2 and over	2209	39	(1.6)	929	(17.6)	114	(5.2)	12	(0.7)	954	(23.7)	296	(12.1)	31	(1.2)	914	(27.2)
	All Individuals <sup>8</sup> :																	
	2 - 19	1765	36	(1.4)	920	(17.5)	104	(8.8)	11	(0.8)	917	(29.4)	291	(18.0)	32	(1.2)	922	(23.6)
					893	· /		. ,	13		941			. ,				(13.0)
2 and over       6563       36       (0.7)       899       (9.5)       110       (3.6)       12       (0.4)       936       (15.8)       306       (8.4)       33       (0.7)       878	2 and over	6563	36	(0.7)	899	(9.5)	110	(3.6)	12	(0.4)	936	(15.8)	306	(8.4)	33	(0.7)	878	(10.2)

 Table 52. Quick Service Restaurants:
 Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from Quick Service Restaurants<sup>1</sup>, by Family Income (as % of Poverty Level<sup>2</sup>) and Age, in the United States, August 2021-August 2023 (continued)

## Phosphorus

				<del></del>		-All Indi	viduals	3		—Qu	ick Serv	vice Resta	urant C	Consumers	4	Non-con	sumers <sup>5</sup>
Family income as % of poverty level and age	Sample Size	Perc Report		To Inta	otal ake		e from Service urants	Percentage Quick Se Restau	ervice	To Inta	otal ake	Intako Quick S Restar		Percentag Quick S Restau	ervice		otal ake
(years)		%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)
Under 131% povert	y:								1								
2 - 19	540	33	(5.0)	1186	(40.6)	161	(46.8)	14	(3.9)	1247	(70.8)	492	(78.9)	39	(5.0)	1156	(60.2)
20 and over	892	34	(2.6)	1190	(25.6)	191	(25.5)	16	(2.0)	1333	(69.5)	567	(46.4)	43	(2.6)	1118	(26.6)
2 and over	1432	33	(2.3)	1189	(19.5)	182	(16.7)	15	(1.3)	1308	(44.7)	545	(21.9)	42	(1.6)	1129	(25.7)
131-350% poverty:																	
2 - 19	584	36	(2.9)	1190	(30.4)	163	(14.5)	14	(1.2)	1227	(45.8)	448	(26.8)	37	(2.1)	1169	(34.9)
20 and over	1577	36	(1.2)	1272	(27.0)	191	(12.5)	15	(0.8)	1362	(47.2)	527	(28.4)	39	(1.6)	1221	(24.7)
2 and over	2161	36	(1.2)	1252	(22.3)	184	(10.1)	15	(0.6)	1328	(36.7)	508	(21.6)	38	(1.1)	1209	(20.7)
Over 350% poverty	•																
2 - 19	435	37	(3.9)	1198	(25.4)	166	(12.8)	14	(1.2)	1242	(53.4)	450	(30.1)	36	(1.6)	1172	(29.3)
20 and over	1774	39	(1.4)	1370	(25.8)	176	(9.4)	13	(0.8)	1389	(31.0)	452	(26.1)	33	(1.9)	1357	(46.5)
2 and over	2209	39	(1.6)	1338	(22.3)	174	(7.4)	13	(0.7)	1363	(29.0)	452	(21.9)	33	(1.7)	1322	(38.7)
All Individuals <sup>8</sup> :																	
2 - 19	1765	36	(1.4)	1186	(18.5)	164	(12.6)	14	(0.9)	1227	(39.4)	459	(25.3)	37	(1.3)	1163	(20.3)
20 and over	4798	36	(1.0)	1293	(16.1)	178	(8.8)	14	(0.7)	1359	(25.0)	492	(20.2)	36	(1.3)	1256	(17.7)
2 and over	6563	36	(0.7)	1268	(13.3)	175	(6.1)	14	(0.5)	1329	(19.0)	484	(14.7)	36	(1.0)	1234	(15.7)

 Table 52. Quick Service Restaurants:
 Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from Quick Service Restaurants<sup>1</sup>, by Family Income (as % of Poverty Level<sup>2</sup>) and Age, in the United States, August 2021-August 2023 (continued)

								Mag	nes	iur	n						
						-All Indiv	iduals	3		$-Q\iota$	uick Serv	vice Resta	urant <b>(</b>	Consumers	s <sup>4</sup>	Non-cor	nsumers <sup>5</sup>
Family income as % of poverty level and age	Sample Size	Pero Repor		To Inta		Intake Quick S Restau	Service	Percentag Quick S Restau	ervice		otal ake	Quick	e from Service urants	Percentag Quick S Restau	ervice	То	otal ake
(years)		%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)
<b>Under 131% povert</b> 2 - 19	<b>y:</b> 540	33	(5.0)	236	(6.2)	24	(6.7)	10	(2.9)	231	(14.8)	74	(10.1)	32	(3.7)	238	(12.2)
2 - 19 20 and over	892	33	(3.0) (2.6)	250	(0.2) (5.1)	24 27	(0.7) (3.3)	10	(1.3)	251	(14.8) (13.2)	81	(10.1)	32	(3.7) (1.8)	258	(12.2) (7.1)
2 and over	1432	33	(2.3)	252	(3.7)	26	(2.8)	10	(1.1)	248	(9.0)	79	(4.2)	32	(1.7)	255	(5.6)
131-350% poverty:																	
2 - 19	584	36	(2.9)	237	(5.3)	25	(2.2)	11	(1.0)	234	(8.1)	70	(3.8)	30	(1.8)	238	(6.0)
20 and over	1577	36	(1.2)	284	(5.2)	30	(1.9)	11	(0.6)	287	(8.5)	84	(4.3)	29	(1.2)	283	(5.0)
2 and over	2161	36	(1.2)	272	(4.3)	29	(1.5)	11	(0.5)	274	(6.7)	81	(3.2)	29	(0.9)	272	(4.3)
Over 350% poverty:																	
2 - 19	435	37	(3.9)	242	(4.8)	27	(2.4)	11	(1.1)	246	(8.5)	72	(2.9)	29	(1.3)	241	(5.8)
20 and over	1774	39	(1.4)	324	(9.5)	31	(1.3)	10	(0.5)	306	(6.9)	80	(3.8)	26	(1.4)	335	(15.7)
2 and over	2209	39	(1.6)	309	(8.3)	30	(1.2)	10	(0.5)	295	(6.5)	79	(3.1)	27	(1.2)	317	(13.3)
All Individuals <sup>8</sup> :																	
2 - 19	1765	36	(1.4)	238	(3.4)	25	(1.7)	11	(0.6)	236	(6.6)	71	(2.9)	30	(0.9)	240	(4.4)
20 and over	4798	36	(1.0)	296	(5.7)	29	(1.2)	10	(0.4)	291	(6.0)	81	(2.6)	28	(0.9)	299	(6.7)
2 and over	6563	36	(0.7)	282	(4.7)	28	(0.8)	10	(0.3)	278	(4.9)	79	(1.8)	28	(0.7)	285	(5.5)

# Magnesium

 Table 52. Quick Service Restaurants:
 Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from Quick Service Restaurants<sup>1</sup>, by Family Income (as % of Poverty Level<sup>2</sup>) and Age, in the United States, August 2021-August 2023 (continued)

#### Iron

				All Individuals <sup>3</sup>							ick Serv	4	Non-consumers <sup>5</sup>				
Family income as % of poverty level and age	Sample Size	Perc Repor		To Inta	otal ake	Intake from Quick Service Restaurants		Percentages from <sup>7</sup> Quick Service Restaurants		To Int	otal ake	Intako Quick S Restar		Percentag Quick S Restau	ervice	7 To Inta	
(years)		%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)
Under 131% povert	y:		1						I							I	
2 - 19	540	33	(5.0)	11.6	(0.49)	1.3	(0.34)	11	(3.2)	11.5	(0.62)	4.0	(0.53)	35	(5.0)	11.7	(0.71)
20 and over	892	34	(2.6)	11.5	(0.27)	1.6	(0.23)	14	(2.0)	12.2	(0.58)	4.9	(0.45)	40	(2.9)	11.2	(0.45)
2 and over	1432	33	(2.3)	11.5	(0.27)	1.5	(0.15)	13	(1.4)	12.0	(0.36)	4.6	(0.25)	39	(1.6)	11.3	(0.42)
131-350% poverty:																	
2 - 19	584	36	(2.9)	12.1	(0.46)	1.3	(0.12)	11	(1.2)	11.9	(0.56)	3.7	(0.22)	31	(2.4)	12.2	(0.57)
20 and over	1577	36	(1.2)	12.5	(0.22)	1.7	(0.11)	14	(0.8)	12.5	(0.37)	4.8	(0.23)	38	(1.4)	12.6	(0.27)
2 and over	2161	36	(1.2)	12.4	(0.20)	1.6	(0.09)	13	(0.6)	12.3	(0.31)	4.5	(0.18)	37	(1.0)	12.5	(0.22)
Over 350% poverty:																	
2 - 19	435	37	(3.9)	12.3	(0.32)	1.5	(0.15)	12	(1.3)	13.0	(0.59)	3.9	(0.28)	30	(1.7)	11.8	(0.44)
20 and over	1774	39	(1.4)	13.5	(0.36)		(0.11)	12	(0.8)	13.3	(0.40)	4.1	(0.28)	31	(2.0)	13.6	(0.57)
2 and over	2209	39	(1.6)	13.3	(0.32)	1.6	(0.09)	12	(0.7)	13.3	(0.35)	4.1	(0.21)	31	(1.7)	13.3	(0.49)
All Individuals <sup>8</sup> :																	
2 - 19	1765	36	(1.4)	11.9	(0.20)	1.4	(0.09)	12	(0.7)	12.0	(0.43)	3.9	(0.18)	32	(1.2)	11.9	(0.26)
20 and over	4798	36	(1.0)	12.7	(0.19)	1.6	(0.08)	13	(0.6)	12.8	(0.27)	4.4	(0.19)	35	(1.3)	12.6	(0.23)
2 and over	6563	36	(0.7)	12.5	(0.16)	1.6	(0.06)	12	(0.5)	12.6	(0.21)	4.3	(0.14)	34	(1.0)	12.4	(0.20)

 Table 52. Quick Service Restaurants:
 Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from Quick Service Restaurants<sup>1</sup>, by Family Income (as % of Poverty Level<sup>2</sup>) and Age, in the United States, August 2021-August 2023 (continued)

## Zinc

				All Individuals <sup>3</sup>							uick Serv	4	Non-consumers <sup>5</sup>				
Family income as % of poverty level and age	Sample Size	Perc Repor		To Inta	otal ake	Intake from Quick Service Restaurants		Percentag Quick S Restau	ervice		otal ake	Intako Quick Resta		Percentag Quick S Restau	ervice	To	otal ake
(years)		%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)
Under 131% poverty	v:								I							I	
2 - 19	540	33	(5.0)	7.9	(0.27)	1.1	(0.32)	14	(4.0)	8.3	(0.55)	3.4	(0.54)	41	(5.2)	7.7	(0.42)
20 and over	892	34	(2.6)	9.1	(0.17)	1.3	(0.18)	15	(1.9)	9.6	(0.39)	4.0	(0.34)	41	(2.7)	8.8	(0.26)
2 and over	1432	33	(2.3)	8.7	(0.15)	1.3	(0.13)	14	(1.5)	9.2	(0.26)	3.8	(0.20)	41	(1.9)	8.5	(0.20)
131-350% poverty:																	
2 - 19	584	36	(2.9)	8.5	(0.25)	1.1	(0.11)	13	(1.1)	8.8	(0.42)	3.0	(0.25)	34	(2.5)	8.4	(0.26)
20 and over	1577	36	(1.2)	9.7	(0.24)	1.4	(0.12)	15	(1.1)	10.0	(0.31)	3.9	(0.25)	39	(2.0)	9.5	(0.25)
2 and over	2161	36	(1.2)	9.4	(0.21)	1.3	(0.10)	14	(0.9)	9.7	(0.25)	3.7	(0.20)	38	(1.7)	9.2	(0.23)
Over 350% poverty:	:																
2 - 19	435	37	(3.9)	8.4	(0.17)	1.1	(0.11)	13	(1.4)	8.4	(0.37)	2.9	(0.23)	34	(2.1)	8.3	(0.20)
20 and over	1774	39	(1.4)	10.5	(0.20)	1.3	(0.09)	13	(0.9)	10.6	(0.26)	3.4	(0.25)	33	(2.4)	10.5	(0.33)
2 and over	2209	39	(1.6)	10.1	(0.16)	1.3	(0.07)	13	(0.8)	10.2	(0.24)	3.3	(0.20)	33	(2.1)	10.1	(0.26)
All Individuals <sup>8</sup> :																	
2 - 19	1765	36	(1.4)	8.3	(0.14)	1.1	(0.10)	13	(1.1)	8.5	(0.33)	3.0	(0.21)	36	(1.8)	8.2	(0.15)
20 and over	4798	36	(1.0)	9.9	(0.12)	1.3	(0.07)	13	(0.7)	10.2	(0.19)	3.7	(0.18)	36	(1.5)	9.8	(0.12)
2 and over	6563	36	(0.7)	9.5	(0.10)	1.3	(0.05)	13	(0.5)	9.8	(0.15)	3.5	(0.13)	36	(1.3)	9.4	(0.10)

 Table 52. Quick Service Restaurants:
 Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from Quick Service Restaurants<sup>1</sup>, by Family Income (as % of Poverty Level<sup>2</sup>) and Age, in the United States, August 2021-August 2023 (continued)

## Copper

											uick Serv	. 4	Non-consumers <sup>5</sup>				
Family income as % of poverty level and age	Sample Size	Perc Repor		To Int	otal ake	Intake from Quick Service Restaurants		Restaurants			otal ake	Intako Quick S Restau		Percentag Quick S Restau	ervice	To	otal ake
(years)		%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)
Under 131% povert	y:								I							1	
2 - 19	540	33	(5.0)	0.9	(0.03)	0.1	(0.02)	10	(2.5)	0.9	(0.06)	0.3	(0.03)	30	(2.6)	0.9	(0.06)
20 and over	892	34	(2.6)	1.1	(0.08)	0.1	(0.01)	9	(1.5)	1.1	(0.06)	0.3	(0.02)	29	(2.2)	1.1	(0.12)
2 and over	1432	33	(2.3)	1.0	(0.06)	0.1	(0.01)	9	(1.3)	1.0	(0.04)	0.3	(0.02)	29	(1.8)	1.0	(0.08)
131-350% poverty:																	
2 - 19	584	36	(2.9)	0.9	(0.03)	0.1	(0.01)	10	(1.1)	0.9	(0.03)	0.3	(0.01)	29	(1.8)	0.9	(0.04)
20 and over	1577	36	(1.2)	1.1	(0.02)	0.1	(0.01)	10	(0.7)	1.1	(0.03)	0.3	(0.02)	29	(1.5)	1.1	(0.02)
2 and over	2161	36	(1.2)	1.0	(0.01)	0.1	(0.01)	10	(0.6)	1.0	(0.02)	0.3	(0.02)	29	(1.2)	1.1	(0.02)
Over 350% poverty:																	
2 - 19	435	37	(3.9)	1.0	(0.03)	0.1	(0.01)	11	(1.2)	1.0	(0.04)	0.3	(0.01)	29	(1.4)	1.0	(0.04)
20 and over	1774	39	(1.4)	1.3	(0.04)	0.1	(0.01)	9	(0.6)	1.2	(0.04)	0.3	(0.02)	24	(1.6)	1.3	(0.06)
2 and over	2209	39	(1.6)	1.2	(0.04)	0.1	(0.01)	9	(0.6)	1.2	(0.04)	0.3	(0.02)	25	(1.4)	1.3	(0.06)
All Individuals <sup>8</sup> :																	
2 - 19	1765	36	(1.4)	0.9	(0.02)	0.1	(#)	10	(0.4)	0.9	(0.03)	0.3	(0.01)	29	(0.8)	0.9	(0.02)
20 and over	4798	36	(1.0)	1.2	(0.03)	0.1	(0.01)	9	(0.6)	1.1	(0.03)	0.3	(0.02)	26	(1.3)	1.2	(0.04)
2 and over	6563	36	(0.7)	1.1	(0.03)	0.1	(#)	9	(0.5)	1.1	(0.02)	0.3	(0.01)	27	(1.1)	1.1	(0.03)

 Table 52. Quick Service Restaurants:
 Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from Quick Service Restaurants<sup>1</sup>, by Family Income (as % of Poverty Level<sup>2</sup>) and Age, in the United States, August 2021-August 2023 (continued)

## Selenium

						-All Indi	viduals	3		-Qu	ick Serv	4	Non-consumers <sup>5</sup>				
Family income as % of poverty level and age	Sample Size	Perc Repor			Total Intake		Intake from Quick Service Restaurants		Percentages from <sup>7</sup> Quick Service Restaurants		otal ake		e from Service urants	Percentag Quick S Restau	ervice	To	otal ake
(years)		%	(SE)	μg	(SE)	μg	(SE)	%	(SE)	μg	(SE)	μg	(SE)	%	(SE)	μg	(SE)
Under 131% povert																	
2 - 19 20 and over	540 892	33 34	(5.0) (2.6)	90.6 103.0	(3.28) (3.67)		<sup>*</sup> (4.31) (2.31)	15* 16	(4.7) (2.0)	91.3 115.6	(5.47) (9.83)	42.7 47.9	(7.61) (4.74)	47 41	(6.6) (3.3)	90.3 96.7	(4.40) (3.41)
2 and over	1432	33	(2.3)	99.3	(2.94)	15.5	(1.49)	16	(1.6)	108.5	(6.77)	46.4	(2.25)	43	(3.1)	94.8	(2.71)
131-350% poverty:																	
2 - 19	584	36	(2.9)	89.4	(2.42)	12.8	· /	14	(1.2)	92.6	(3.79)	35.2	(2.68)	38	(2.5)	87.5	(2.85)
20 and over	1577	36	(1.2)	107.7	(2.44)	17.6	(1.21)	16	(1.0)	118.8	(4.94)	48.6	(2.76)	41	(1.9)	101.4	(1.97)
2 and over	2161	36	(1.2)	103.1	(1.91)	16.4	(0.98)	16	(0.8)	112.3	(3.77)	45.3	(2.23)	40	(1.3)	97.9	(1.62)
Over 350% poverty	:																
2 - 19	435	37	(3.9)	93.7	(3.57)	13.1	(1.21)	14	(1.4)	98.3	(5.99)	35.4	(3.77)	36	(2.5)	91.0	(4.58)
20 and over	1774	39	(1.4)	115.1	(2.41)	15.4	(0.91)	13	(0.9)	115.0	(2.47)	39.6	(2.55)	34	(2.2)	115.2	(4.42)
2 and over	2209	39	(1.6)	111.1	(2.04)	15.0	(0.70)	13	(0.7)	112.0	(2.50)	38.8	(2.16)	35	(2.0)	110.5	(3.61)
All Individuals <sup>8</sup> :																	
2 - 19	1765	36	(1.4)	90.2	(1.67)	13.4	(1.14)	15	(1.2)	93.6	(3.36)	37.4	(2.49)	40	(1.9)	88.3	(1.32)
20 and over	4798	36	(1.0)	109.3	(1.59)	15.8	(0.79)	14	(0.7)	114.9	(2.47)	43.7	(1.94)	38	(1.4)	106.1	(2.04)
2 and over	6563	36	(0.7)	104.9	(1.32)	15.2	(0.60)	15	(0.6)	110.0	(1.75)	42.2	(1.51)	38	(1.3)	101.9	(1.68)

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				<del></del>		-All Indi	viduals	3	<u> </u>	—Quick Serv	Consumers <sup>4</sup> —	Non-consumers <sup>5</sup>	
Family income as % of poverty level and age	Sample Size	Pero Repor		Total Intake		Intake from Quick Service Restaurants		Percentages from <sup>7</sup> Quick Service Restaurants		Total Intake	Intake from Quick Service Restaurants	Percentages from Quick Service Restaurants	7 Total Intake
(years)		%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg (SE)	mg (SE)	% (SE)	mg (SE)
Under 131% povert	v:			1					I				1
2 - 19	540	33	(5.0)	2034	(48.8)	246	(67.9)	12	(3.4)	2075 (90.6)	751 (103.2)	36 (4.8)	2015 (100.3)
20 and over	892	34	(2.6)	2188	(49.9)	287	(35.0)	13	(1.5)	2249 (169.6)	855 (60.4)	38 (1.8)	2158 (57.2)
2 and over	1432	33	(2.3)	2142	(33.3)	275	(30.9)	13	(1.4)	2198 (118.2)	824 (47.6)	38 (2.0)	2115 (49.2)
131-350% poverty:													
2 - 19	584	36	(2.9)	2075	(56.9)	254	(23.2)	12	(1.1)	2071 (80.6)	699 (43.1)	34 (1.9)	2077 (65.7)
20 and over	1577	36	(1.2)	2417	(45.6)	297	(17.6)	12	(0.6)	2444 (62.9)	822 (38.9)	34 (1.4)	2402 (50.1)
2 and over	2161	36	(1.2)	2333	(41.8)	286	(15.1)	12	(0.5)	2352 (53.3)	791 (31.9)	34 (1.1)	2322 (47.1)
Over 350% poverty:	•												
2 - 19	435	37	(3.9)	2058	(38.7)	275	(23.4)	13	(1.3)	2156 (67.0)	744 (33.7)	34 (1.3)	2001 (51.6)
20 and over	1774	39	(1.4)	2692	(64.2)	305	(15.8)	11	(0.7)	2589 (56.0)	782 (42.0)	30 (1.8)	2758 (108.1)
2 and over	2209	39	(1.6)	2574	(56.8)	299	(14.0)	12	(0.7)	2512 (46.3)	775 (35.5)	31 (1.6)	2614 (91.7)
All Individuals <sup>8</sup> :													
2 - 19	1765	36	(1.4)	2062	(29.0)	260	(18.0)	13	(0.8)	2111 (52.6)	725 (34.4)	34 (1.3)	2034 (38.4)
20 and over	4798	36	(1.0)	2478	(38.6)	291	(12.4)	12	(0.5)	2469 (37.2)	806 (27.5)	33 (1.0)	2483 (48.5)
2 and over	6563	36	(0.7)	2381	(34.4)	284	(10.0)	12	(0.4)	2386 (31.0)	787 (22.8)	33 (0.9)	2378 (43.4)

 Table 52. Quick Service Restaurants:
 Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from Quick Service Restaurants<sup>1</sup>, by Family Income (as % of Poverty Level<sup>2</sup>) and Age, in the United States, August 2021-August 2023 (continued)

## Sodium

				<del></del>		-All Indi	viduals	3		—Quick Serv	. 4	Non-consumers <sup>5</sup>			
Family income as % of poverty level and age	Sample Size	Perc Repor		Total Intake		Intake from Quick Service Restaurants		Restaurants		Total Intake	Intake from Quick Service Restaurants	Percentag Quick S Restau	ervice	7 Tota Intal	
(years)		%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg (SE)	mg (SE)	%	(SE)	mg	(SE)
Under 131% povert	v:								I					I	
2 - 19	540	33	(5.0)	2758	(101.7)	422*	(127.4)	15	(4.6)	2941 (160.6)	1289 (225.8)	44	(6.2)	2668 (	139.2)
20 and over	892	34	(2.6)		· /		(62.5)	17	(1.9)	3327 (178.8)	1502 (118.8)	45	(2.8)	1 `	(73.6)
2 and over	1432	33	(2.3)	2921	(47.5)	480	(39.6)	16	(1.3)	3214 (105.3)	1439 (57.4)	45	(2.3)	2774	(62.4)
131-350% poverty:															
2 - 19	584	36	(2.9)	2824	(88.5)	437	(38.5)	15	(1.2)	3090 (130.0)	1201 (88.9)	39	(2.4)	2671	(90.5)
20 and over	1577	36	(1.2)	3195	(71.2)	543	(35.3)	17	(0.9)	3545 (120.8)	1503 (74.7)	42	(1.4)	2997	(68.4)
2 and over	2161	36	(1.2)	3103	(56.9)	517	(31.2)	17	(0.8)	3432 (98.7)	1428 (66.6)	42	(1.1)	2917	(51.5)
Over 350% poverty:															
2 - 19	435	37	(3.9)	2852	(97.9)	453	(36.4)	16	(1.5)	3087 (137.2)	1226 (106.0)	40	(2.3)	2714 (	128.3)
20 and over	1774	39	(1.4)	3354	(63.3)	492	(29.0)	15	(0.9)	3480 (77.2)	1263 (81.5)	36	(2.3)	3274 (	,
2 and over	2209	39	(1.6)	3261	(58.2)	485	(23.1)	15	(0.8)	3410 (79.9)	1257 (70.9)	37	(2.0)	3167 (	105.8)
All Individuals <sup>8</sup> :															
2 - 19	1765	36	(1.4)	2789	(61.5)	444	(33.2)	16	(1.0)	3041 (101.4)	1240 (69.9)	41	(1.4)	2648	(51.1)
20 and over	4798	36	(1.0)	3212	(38.3)	500	(23.2)	16	(0.7)	3472 (52.8)	1382 (57.8)	40	(1.5)	3064	(46.2)
2 and over	6563	36	(0.7)	3113	(32.1)	487	(18.1)	16	(0.5)	3372 (47.0)	1349 (46.7)	40	(1.2)	2967	(36.1)

 Table 52. Quick Service Restaurants:
 Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from Quick Service Restaurants<sup>1</sup>, by Family Income (as % of Poverty Level<sup>2</sup>) and Age, in the United States, August 2021-August 2023 (continued)

# Caffeine

						-All Indi	viduals	3		—Quick Serv	<sup>4</sup> —	Non-consumers <sup>5</sup>			
Family income as % of poverty level and age	Sample Size	Perc Report		To Inta	otal ake	Intake from Quick Service Restaurants		e Quick Service Restaurants		Total Intake	Intake from Quick Service Restaurants	Percentag Quick S Restau	ervice		otal ake
(years)		%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg (SE)	mg (SE)	%	(SE)	mg	(SE)
Under 131% poverty	y:			I					I					I	
2 - 19	540	33	(5.0)	19.3	(3.47)	3.2*	<sup>k</sup> (1.12)	17	(4.8)	24.8 (6.01)	9.8* (3.00)	40	(10.5)	16.6	(2.58)
20 and over	892	34	(2.6)	115.1	(5.72)	9.7	(2.21)	8	(1.9)	122.2 (12.09)	28.9 (5.43)	24	(3.4)	111.4	(9.97)
2 and over	1432	33	(2.3)	86.5	(4.85)	7.8	(1.52)	9	(1.7)	93.7 (9.08)	23.3 (3.65)	25	(2.9)	82.9	(6.72)
131-350% poverty:															
2 - 19	584	36	(2.9)	22.7	(2.94)	6.8	(1.71)	30	(5.4)	34.9 (5.38)	18.6 (4.24)	53	(6.9)	15.6	(2.80)
20 and over	1577	36	(1.2)	153.4	(7.15)	18.2	(2.78)	12	(1.6)	164.4 (11.46)	50.3 (7.14)	31	(3.8)	147.2	(7.73)
2 and over	2161	36	(1.2)	121.1	(4.98)	15.4	(1.94)	13	(1.5)	132.3 (9.21)	42.5 (5.14)	32	(3.5)	114.8	(5.42)
Over 350% poverty:															
2 - 19	435	37	(3.9)	16.4	(2.30)	2.8	(0.79)	17	(4.1)	25.4 (4.55)	7.7 (1.90)	30	(6.6)	11.2	(1.91)
20 and over	1774	39	(1.4)	1	· /	21.3	(2.31)	13	(1.5)	185.4 (8.21)	54.8 (5.79)	30	(3.1)		· /
2 and over	2209	39	(1.6)	139.5	(6.52)	17.9	(1.91)	13	(1.6)	156.9 (8.26)	46.4 (5.24)	30	(3.1)	128.5	(7.66)
All Individuals <sup>8</sup> :															
2 - 19	1765	36	(1.4)	19.4	(1.93)	4.4	(0.72)	23	(3.2)	28.0 (3.18)	12.4 (2.00)	44	(4.6)	14.6	(1.75)
20 and over	4798	36	(1.0)	148.9	(4.28)	16.9	(1.50)	11	(1.0)	164.0 (6.06)	46.7 (3.71)	29	(2.2)	140.3	(4.82)
2 and over	6563	36	(0.7)	118.7	(3.89)	14.0	(1.16)	12	(1.0)	132.6 (4.99)	38.8 (3.02)	29	(2.2)	110.9	(4.21)

 Table 52. Quick Service Restaurants:
 Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from Quick Service Restaurants<sup>1</sup>, by Family Income (as % of Poverty Level<sup>2</sup>) and Age, in the United States, August 2021-August 2023 (continued)

					Alcohol												
				. <u></u>		-All Indi	viduals	3	<del></del>	—Qu	ick Serv	ice Resta	urant C	Consumers	s <sup>4</sup> —	Non-cor	nsumers <sup>5</sup>
Family income as % of poverty level and age	Sample Size	Perc Repor		To Inta		Quick	e from Service urants	Percentag Quick S Restau	ervice	To Inta		Intake Quick S Restar		Percentag Quick S Restau	Service	Т	otal ake
(years)		%	(SE)	g	(SE)	g	(SE)	%	(SE)	g	(SE)	g	(SE)	%	(SE)	g	(SE)
Under 131% povert		22	(5.0)						ļ								
2 - 19 20 and over	540 892	33 34	(5.0) (2.6)	6.5	(1.29)	0.1*	* (0.06)		(0.9)	3.2	(0.82)	0.2*	<sup>c</sup> (0.18)			8.2	(1.85)
2 and over	1432	33	(2.3)														
131-350% poverty:																	
2 - 19	584	36	(2.9)														
20 and over	1577	36	(1.2)	8.1	(0.94)	0.2*	* (0.07)	2*	(0.9)	11.2	(1.91)	0.4*	(0.19)	4*	(1.9)	6.4	(1.04)
2 and over	2161	36	(1.2)														
Over 350% poverty:	:																
2 - 19	435	37	(3.9)														
20 and over	1774	39	(1.4)	9.0	(0.67)	0.2	(0.05)	2*	(0.5)	8.5	(0.74)	0.5	(0.13)	5*	(1.5)	9.2	(0.84)
2 and over	2209	39	(1.6)														
All Individuals 8:																	
2 - 19	1765	36	(1.4)														
20 and over	4798	36	(1.0)	8.1	(0.32)	0.2	(0.04)	2	(0.6)	8.7	(0.65)	0.5	(0.13)	6	(1.5)	7.8	(0.44)
2 and over	6563	36	(0.7)														

#### A 1 .

#### Symbol Legend

\* Indicates an estimate that may be less statistically reliable than estimates that are not flagged. The rules for flagging estimated means and percentages are as follows:

Mean: An estimated mean is flagged when the relative standard error is greater than 30 percent.

**Percent reporting:** An estimated percentage between 25 and 75 percent is flagged when based on a sample size of less than 30 times the variance inflation factor (VIF), where the VIF represents a broadly calculated average design effect, or when the relative standard error is greater than 30 percent. An estimated percentage less than or equal to 25 or greater than or equal to 75 is flagged when the smaller of np and n(1-p) is less than 8 times the VIF, where n is the sample size and p is the percentage expressed as a fraction. The VIF used in this table is 1.66.

Nutrient ratios expressed as percentages: An estimated ratio between 25 and 75 percent is flagged when based on a sample size  $n^*$  of less than 30 times the variance inflation factor (VIF), where the VIF represents a broadly calculated average design effect and  $n^*$  is the number of individuals in the sample reporting non-zero intake of the respective nutrient from any source. An estimated ratio less than or equal to 25 percent or greater than or equal to 75 percent, is flagged when the smaller of  $n^*p$  and  $n^*$  (1-p) is less than 8 times the VIF, where p is the percentage expressed as a fraction. Additionally, an estimated ratio is flagged when either the relative standard error or p/(1-p) times the relative standard error is greater than 30 percent.

# Indicates a non-zero value too small to report.

-- Estimated mean not presented where sample size is less than 30 times the variance inflation factor (VIF), i.e., sample size less than 50 for VIF = 1.66.

#### Footnotes

- <sup>1</sup> Respondents were asked the source of each food and beverage where it was obtained. **Quick Service Restaurants** include source coded as: "Restaurant fast food/pizza", "Cafeteria NOT in a K-12 school", "Sport, recreation, or entertainment facility", or "Street vendor, vending truck".
- <sup>2</sup> The ratio of family income to poverty expressed as a percentage. The Department of Health and Human Services' poverty guidelines were used as the poverty measure to calculate the ratio, <u>http://aspe.hhs.gov/poverty/</u>.
- <sup>3</sup> All Individuals include both individuals who reported and individuals who did not report at least one food/beverage item from Quick Service Restaurants.

<sup>4</sup> Quick Service Restaurant Consumers include individuals who reported at least one food or beverage item from Quick Service Restaurants.

- <sup>5</sup> Non-consumers include individuals who did not report any food or beverage item from Quick Service Restaurants.
- <sup>6</sup> The weighted percentage of respondents in the income/age group who reported at least one food/beverage item from Quick Service Restaurants.
- <sup>7</sup> Percentages are estimated as a ratio of total nutrient intake from Quick Service Restaurants to total daily nutrient intake from all sources.
- <sup>8</sup> Includes persons of all income levels or with unknown family income.

#### Abbreviations

SE = standard error; RAE = retinol activity equivalents; DFE = dietary folate equivalents.

#### Notes Applicable to All Tables in Series: What We Eat in America, NHANES August 2021-August 2023

Sample weights designed for dietary analysis were used to allow estimates representative of the U.S. population for the years of collection.

The statistics in this table are estimated from Day 1 dietary recall interviews conducted in the *What We Eat in America*, National Health and Nutrition Examination Survey (NHANES) August 2021-August 2023. The 24-hour dietary recalls were conducted via telephone by trained interviewers using the USDA 5-step Automated Multiple-Pass Method. Food intakes were coded and nutrient values were determined using the USDA Food and Nutrient Database for Dietary Studies 2021-2023 <u>www.ars.usda.gov/nea/bhnrc/fsrg</u>.

Intakes of nutrients and other dietary components are based on the consumption of food and beverages, including water, and do not include intake from supplements or medications.

The table includes data from individuals 2 years and over. Breast-fed children were excluded because breast milk was not quantified in dietary recall interviews.

Although alchohol data are collected for all individuals, estimates are not presented for age groups under 20 years due to extreme variability and/or inadequate sample size.

#### **Suggested Citation**

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